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THE ENCOUNTER

Know... Grow... Flow into fullness



WE WISH YOU

Merry Christmas

A Happy New Year

2026



Declaration of **VENERABLE MARY GLOWREY** (Mary of the Sacred Heart)

During the Audience granted to His Eminence Cardinal Marcello Semeraro, Prefect of the Dicastery for the Causes of Saints, the Supreme Pontiff authorized the same Dicastery to promulgate the Decrees regarding the heroic virtues of the Servant of God Mary of the Sacred Heart (Mary Glowrey), a professed Nun of the Society of Jesus Mary Joseph, born on 23 June 1887 in Birregurra (Australia) and died on 5 May 1957 in Bangalore (India).

PRAYER

Heavenly Father, in Venerable Mary Glowrey, we recognise a woman deeply surrendered to Your love, and an extraordinary witness to the value of every human life. You blessed her with a brilliant mind and led her to place herself and her gifts at the service of humanity. Through the practice of medicine and her religious consecration to You, she touched countless people with Your compassionate love.

With confidence and gratitude for the life of Mary Glowrey, we entrust to you our prayers

If it be Your Will, Father, may Venerable Mary Glowrey
soon be raised to the honours of the Altars.

We make this prayer to You through Jesus Christ,
Our Lord, Amen.

Our Father, Hail Mary, Glory be...
Venerable Mary of the Sacred Heart,
intercede for us!

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As this year unfolds into its final moments and we open our hearts to a fresh season of grace, the Church, invite us to pause, to listen and to rediscover the gentle voice of God speaking in our hearts. The Church, in her wisdom begins December not with festivity, but with **Advent**, a sacred time that calls us to watchfulness, honesty and renewal.

We remember that **Christ came to us in weakness**, wrapped not in earthly glory but in swaddling clothes. And He continues to come to our families, our parishes, our wounded world in the poor, the lonely, the difficult person, the inconvenient interruption: these are manger spaces where God still chooses to dwell.

In this issue, we turn our hearts to a powerful and timeless truth expressed by Pope Leo XIV in his first Apostolic Exhortation *Dilexit Te* - "**He have loved you.**" These words, rooted in Sacred Scripture and Christian tradition, remind us that God's love is not distant or abstract; it is deeply personal. He loved you - not as humanity in general, but you individually and intimately. This profound love calls us to respond: to love Him in return, to serve our neighbor and to build a world shaped by compassion, mercy and solidarity.

In this light, the life of **Venerable Mary Glowrey** stands as a luminous example for all. Raised to the dignity of Venerable on **21st December 2025**, this milestone is a moment of profound joy and pride for the JMJ Sisters and all who admire her life of holiness. Her life exemplifies unwavering faith, selfless service and compassionate dedication. In India, she tirelessly cared for the sick and marginalized, championed education for girls and the underprivileged and fostered community development through health, literacy and spiritual formation initiatives.



Venerable Mary Glowrey teaches us that holiness is not found in grand gestures alone, but in consistent, selfless service, in uplifting the downtrodden and in living with unwavering faith. As we celebrate this historic recognition, may we rise as a congregation to live lives of holiness, walk the path of virtue and charity. May her example inspire in us a renewed dedication to our consecrated life and a fervent zeal for mission.

This 12th issue of **ENCOUNTER** invites us into the theme *Encountering God in Waiting: Finding Grace in Delay, Uncertainty, and Transition*. It calls us to pause and reflect: How do we attune our hearts to God's quiet movements amid life's uncertainties? How do we recognize His presence not in swift answers, but in the slow unfolding of His timing in our daily lives?

We are honored to present inspiring testimonies in **Wolff's Vision Radiates**, while **Youth Echoes** captures the vibrant spirit and forward-looking vision of our younger sisters. **Myriads of Missions** offers updates on newly launched ministries and the diverse ways our sisters embody the mission of hope across cultures and contexts. **Wisdom's Whispers** shares the insights and inspirations drawn from the rich faith and life experience of our senior sisters. Meanwhile, **Safeguarding, Mission and JPIC** highlight our sisters' active commitment to social justice and the meaningful impact of their work around the world.

We sincerely acknowledge and thank our sisters whose contributions bring depth and richness to this issue and we are grateful to all for joining us on this journey of reflection and inspiration. Wishing you the joy and peace of Merry Christmas and A Prosperous New Year-2026.

- Sr. Sushila Kerketta



Encountering God in Waiting: Finding Grace in Delay, Uncertainty, and Transition

This issue of *The Encounter* brings joyful news to the Church: the recognition of the heroic virtues of Mary Glowrey and her declaration as *Venerable*. We rejoice in this milestone and reflect on her life as a powerful example of encountering God in moments of waiting – through delay, uncertainty, and transition.

From an early age, Mary Glowrey was deeply committed to doing God's will. She never undertook any decision without prayer to the Holy Spirit, trusting completely in divine guidance. In 1905, while pursuing her Bachelor of Arts at Ormond College, Melbourne, she faced one of her first major moments of discernment. Encouraged by her father to study medicine – a field entirely foreign to her interests and daunting for a woman of her time – Mary struggled with fear, academic uncertainty, and opposition. Yet through intense prayer, especially her constant surrender, "*Do Thou accomplish Thy Holy Will in me,*" she found clarity.

Despite institutional resistance and social prejudice against women in medicine, Mary persevered. With unexpected academic success, she received First Class Honours and earned the respect of her professors. While still a student, she courageously defended ethical medical practices, standing against immoral procedures and advocating for Natural Law principles. In doing so, she became a pioneer in what we would now call Catholic bioethics – well ahead of her time.

Another profound season of waiting came with her vocation to India. In 1915, while serving



tirelessly during World War I, she felt a decisive call to religious missionary life after reading a simple pamphlet. Though ready to go immediately, global circumstances delayed her departure by nearly five years. Rather than grow impatient, Mary used this time purposefully – completing her Doctor of Medicine to better serve her future mission. In December 1919, her degree was conferred, and within a month she left Australia for India, fully prepared for the work God had long been shaping her for.

The life of Mary Glowrey teaches us that waiting is not wasted time. In delay, uncertainty, and transition, she encountered God's will with trust, perseverance, and faith. Her story invites us to reflect: How do we respond when life does not unfold as we desire?

As we journey through this season of Advent, may we seek her intercession and allow God to work in us according to His perfect plan. I wish you all a Merry Christmas and a grace-filled New Year 2026 – a year of renewal, blessing, and fulfilment of God's promises.

- Sr. Mary Karickakunnel JMJ



Wolff's Vision Radiates

Graced to Journey in the Ignatian Way



Srs. Thomasamma and Kiran

Our hearts are filled with deep gratitude for the abundant blessings we have received during the nine months of our stay in Rome. We, Sr. Thomasamma and Sr. Kiran, arrived in Rome on 18 October and were privileged to pursue the Diploma in Ignatian Spirituality at the Pontifical Gregorian University.

We express our sincere appreciation to our former Superior General, Sr. Innamma, and her council for granting us this valuable opportunity for growth and formation. We also extend our heartfelt thanks to the present Superior General, Sr. Mary and her council for their constant support, encouragement and accompaniment throughout the course of our studies.

For us, studying Ignatian Spirituality has been a journey back to the roots of our Congregation - deepening our understanding of our founder and the values that have shaped the mission and Charism of the JMJ Sisters. We consider ourselves truly blessed to have shared this learning experience with classmates from diverse nationalities. Their diverse perspectives enriched our learning and broadened our understanding of the universal Church.

We consider ourselves fortunate indeed to have taken part in group-sharing sessions, seminar presentations and our thesis preparation. Our studies centered primarily on the life and person of St. Ignatius of Loyola, with particular emphasis on his foundational writings - the *Spiritual Exercises*, the *Discernment of Spirits*, the *origins of the Society of Jesus*, and its *Core values*.

In addition to our academic formation, we had the opportunity to visit several significant places both

within Rome and beyond. These experiences enriched and widened our understanding and deepened our appreciation of Ignatian heritage.



Rome - the land of saints and a city enriched with timeless sculpture and art - offered us countless enriching experiences. Among the most memorable were our visits to the four major basilicas: **St. Peter's, St. John Lateran, St. Mary Major, and St. Paul Outside the Walls**. We visited Spain and were touched by our pilgrimages to **La Storta**, where St. Ignatius received a **profound confirmation of his mission**, and to **Manresa**, the site of **his deep conversion**. We also visited other significant Ignatian landmarks, including the **Church of the Gesù** and the rooms of St. Ignatius, from where he guided the **first**

Wolff's Vision Radiates

Jesuits and composed the Constitutions. Our studies became more than an academic pursuit - they evolved into a spiritual pilgrimage. Walking in the footsteps of St. Ignatius allowed us to reflect inwardly and to appreciate the foundations of the Jesuit tradition. The values of the *Examination of Conscience, indifference, and obedience* have truly inspired us and remain virtues, we hope to embody in our own lives.

We never imagined to visit the Netherlands and Lourdes - an unexpected Jubilee Year gift that allowed us to join fifty of our sisters from India and Ghana for Europe trip as Pilgrims of Hope. Visiting the grave of our founder, the former

Generalate at Marienburg, interacting with our Dutch sisters, and walking the streets where Fr. Mathias Wolff lived and served the people of the Netherlands were a nostalgic experience. The beauty of the tulip garden further lifted our spirits and filled us with awe at God's creation.

We cannot help but praise God with all our hearts and thank Sr. Mary Karicakunnel and her council, as well as our Provincial Superiors, Sr. Thresiamma and Sr. Vijaya, for granting us the opportunity to study at the Pontifical Gregorian University in Rome and providing us with such enriching international exposure.

PRAYER OF VENERABLE MARY GLOWREY

*Help me to die utterly to myself to empty
myself entirely of self and You Yourself
come and take entire possession of this
unprepossessing shell, that is me -
so that by Your Grace, while being tossed
about in the Waves of life -
this oyster may be transformed by You
and become a Pearl, that is -
You are me, dear Jesus.*

-Amen



My Study - A Transformative Experience in the Eternal City of Rome



Sr. Anjela Yadav

Studying at the Pontifical Gregorian University in Rome was a profound blessing and an enriching chapter of my life. I am deeply grateful to Almighty God, my Congregation and all those who supported me in this journey.

I began my studies in 2021 with the **Bachelor of Theology**, which opened me to Scripture, Church documents, history, moral and pastoral theology, and canon law. These studies strengthened my ability to interpret the Word of God, engage in ministry effectively and develop critical thinking rooted in faith and tradition.

From **2023–2025**, I had the privilege of pursuing the **Licentiate in Theology with a specialization in Vocational Formation**. This formation program offered a holistic understanding of religious and priestly formation from a global Church perspective. I learnt that Jesus is the Supreme Formator and guide for our life, therefore in formation, it is not the individual's plans that need to be executed, but the formator should collaborate with the Lord and we only accompany a candidate to understand the call of God and to realize it. The course emphasized to help the young people, who seek for authenticity and meaning of life; to discover in their formative journey, an individual's uniqueness and grow in maturity in relationship with God, others and self.

The program also exposed us to the real challenges faced by formators, candidates and religious institutes. Through visits to various dicasteries,

seminaries and ecclesial institutions in Rome, I gained a deeper awareness of the Church's present realities and her efforts toward renewal. This mission of formation verifying, purifying and guiding the religious experience of young people is both demanding and noble.

Studying in Rome, "**the heart of the Christian world**," was itself a unique gift. Visiting Rome's countless historical sites and monuments profoundly enriched me and deepened my appreciation of the Church's cultural and spiritual heritage. Studying in Italian was challenging yet beautiful; it united people from many nations in a single language and fostered a strong sense of community. The respectful and supportive atmosphere among professors, staff and students made the university feel like a true temple of learning, where faith and knowledge walked hand in hand.

Life in the Generalate community and at Monte Senario enriched me with the joy of living with sisters from different provinces, united by the same charism. Celebrations in Rome such as the Way of the Cross at the Colosseum, the blessing of lambs on the feast of St. Agnes, Public audience of Pope on every Wednesday at St. Peter's square added unique experience to life. Witnessing Pope Francis after his recovery, grieving his passing, seeing the vacant See, and finally receiving the first *Urbi et Orbi* blessing from Pope Leo XIV were unforgettable moments of grace.

Now as I begin my mission in Ghana in formation, I carry with me all these precious experiences, supported by my Congregation, my friends, professors and the wider Church. I gratefully acknowledge the prayerful support of Sr. Mary Karickakunnel and her council and Sr. Marykutty in this journey of my life.



Grace- Filled Journey in the Eternal City



Sr. Nigi Kachappilly

Never did I imagine that God would bless me with such a meaningful and transformative six-month experience in the Eternal city, Rome. I participated in the “Formation of the Formators” program conducted by UISG that lasted from January to June. This period was far more than academic course - it was a transformative journey of faith, intercultural encounter and personal growth. It was truly a unique experience that brought together 48 participants from 28 countries and 42 congregations, each carrying the richness of our own traditions, histories and experiences. The intercultural environment widened my horizons and helped me appreciate the beauty of diversity in consecrated life. We were divided into eight small groups as “integration communities”, where we reflected together, shared deeply and supported each other throughout the course.

Experts from different countries came to teach us on a wide variety of topics.

Prayer and Spiritual life: We reflected on prayer as relationship, silence, listening and daily communion with God. I rediscovered prayer as a lifestyle – one rooted in openness, surrender and loving trust in God. These teachings helped me understand prayer not just a practice, but as a way of life rooted in God’s love.

Interculturality: We learned how to live and work in an intercultural communities with respect, openness and compassion. We studied cultural difference, communication styles and the

challenges of multicultural living. This became one of the most important lessons for me, shaping not only how I relate to others but also how I express with others.

Psychological and Human Formation: Sessions on psychology gave us the tools to understand human development, emotional maturity, boundaries, conflict resolution and inner healing. This helped me to grow in self-awareness and taught me how to accompany others with balance and understanding.

Spiritual Accompaniment: We reflected on the role of a formator as a spiritual guide - one who listens, discerns and walks with others. These topics helped me appreciate the sacred responsibility of accompanying another person in faith.

Every week, the topics opened new insights, and through discussions, sharing and personal reflection, the learning become a lived experience. The program also offered strong spiritual and theological content, enriching our understanding of consecrated life and the mission entrusted to us.

Throughout the course, our spiritual life was nurtured by guided prayer twice a week and the Eucharistic celebration thrice a week in the classroom. These moments helped us integrate our learning and remain centered in God. Every month, we gathered with our integration group to share our reflections on books connected to consecrated life. We were also given the opportunity to prepare a 30-minutes presentation on the Charism of our Congregation, which allowed us to learn from other congregation’s rich heritage across diverse cultural contexts.

Wolff's Vision Radiates



One of the most memorable moments was our pilgrimage to the Monastery of St. Benedict in Subiaco, where St. Benedict lived, prayed and wrote his Rule which offered a profound spiritual insights to me. We also visited Siena and Assisi, walking in the footsteps of St. Catherine, St. Francis, St. Calre and St. Carlo Acuits. These pilgrimages deepened my connection with the saints and strengthened my love for Jesus and appreciation for my vocation.

The highlight of my entire journey was the eight-day directed retreat. In silence and prayer, I encountered God deeply and personally. The retreat helped me enter into my inner world, recognize God's unconditional love, clarify my doubts and rediscover His plan for me. My retreat guide Sr. Rachel IBVM, accompanied me gently, helping me to discern and listen to the movements

of the Spirit. It was a transformative experience that renewed my strength, freedom and commitment to my vocation.

I sincerely acknowledge with heartfelt gratitude to our Superior General, Sr. Mary Karickakunnel and her Council for granting me this precious opportunity and for their constant support. I am grateful to my Provincial Superior, Sr. Thresiamma Kudiyiruppil and Council for their support and guidance throughout my time in Rome.

I am deeply thankful to Sr. Chinnamma Gade and the community members for their warm hospitality and unfailing support during my stay in Rome. As I conclude this chapter of my life, I carry with me profound gratitude—for the people I encountered, the lessons learned and the gentle ways God shaped me along the way.



"The person who is obedient shall always be victorious and be blessed."

- Rev. Fr. MATHIAS WOLFF S.J.,

Standing in Solidarity: A Cry for Justice



Sr. Santhosh Mary Michael

In the quiet rhythm of our convents, we the JMJ Sisters are called to be instruments of peace. But when peace is violated, silence becomes complicity. The shocking assault on our fellow sisters in Chhattisgarh was one such moment that compelled us to step out of our classrooms, hospitals and service centres to demand justice.

As we gathered in solidarity, the air was heavy with resolve. We marched not as teachers or nurses, but as sisters standing for our sisters. The placards we held were not mere cardboard and paint; they were the embodiment of our collective conscience. “Justice for Sisters of Chhattisgarh,” “Break the Silence, Stop the Violence,” “Humiliation of a Nun is a Wound on Humanity” Each word was a prayer, a demand, a testament to our shattered peace.

Our rally was peaceful yet powerful. The journey to the protest site was a pilgrimage of solidarity. Passersby stopped, some in curiosity, some in support. With each step, we held in our hearts the trauma endured by the victimized sisters, women who had gone only to serve and uplift the marginalized. The work of religious women across India, especially in remote and marginalized areas, is a silent revolution of love. We build futures in the classrooms, restore health in dispensaries and empower communities. To violate those who dedicate their lives to selfless service is to attack the very fabric of compassion that holds a fractured society together.

That day speeches called for truth, accountability and dignity not with anger, but conviction. We prayed together, sang together and affirmed our identity as JMJ Sisters committed to serving the marginalized with courage. We marched because:

Our participation was driven by several profound convictions:

First, Solidarity: When one sister suffers, we all suffer. Our presence at the rally was a clear message: *you are not alone—your struggle is ours.*

Second, the demand for Accountability: We demanded a swift and impartial investigation so that justice is served and such violations are never repeated.

Third, the defense for Religious Freedom and Dignity: The attack targeted not just individuals but the sanctity of a life dedicated to service. By protesting, we defended the right of every person of faith to live and work without fear or intimidation.

As we dispersed from the rally, a quiet determination settled within us. The physical protest was over, but the mission had just begun. The journey back to our respective communities was reflective. We knew that returning to our daily duties did not mean forgetting. It meant carrying the fire of this cause back into our classrooms to teach our students about justice and human dignity. It meant incorporating this experience into our prayers, our community discussions and our ongoing advocacy.

Our walk for justice was faith in action. We will continue to serve but not in silence. We will continue to love but with courage. Until justice is done for our sisters in Chhattisgarh and for every vulnerable woman we will keep walking, praying and speaking out. Justice must prevail.



A Catalyst for Renewed Missionary Zeal



Sr. Molly Thomas Karumamkunnel

“Every great mission begins in the heart of one who dares to listen to God’s call”

The vision of our beloved founder Fr. Mathias Wolff SJ, was not merely a dream of his time but a divine spark meant to enlighten generations. This vision of Fr. Wolff is being carried forward by every JMJ sister who lives her call with faith, courage and apostolic availability. His dream was not confined to a single moment in history, but was a living fire, meant to shine through generations, even in times of uncertainty and challenge.

There were moments in my life’s journey when waiting felt endless, transitions seemed uncertain, and everything around me felt chaotic. Challenges mounted, difficulties deepened and my strength waned, making progress feel impossible. Yet, in those very moments of silence and surrender, the gentle light of God’s plan began to reveal itself: and I realized I am here not by chance but by a choice which is not mine but that of my creator. He has a perfect plan for me. Then a perfect turn took place. What once seemed like delay was in truth a divine preparation and I found God’s guiding hand leading me. The waiting became a sacred space where my faith deepened, hope matured and trust in God’s providence grew stronger in me.

As a nurse and nurse educator, my journey faced many storms, yet the companionship of Mother Mary and the protection of my Savior remained intimate and constant. Whenever I felt alone with no way forward, they walked with me, opened closed doors and carried me through in my most desperate moments. Struggles were part of my journey. Human knowledge failed to understand me but the divine plan made me spiritually strong.

Serving mostly in North India, far from the comforts of developed regions of our country and among the tribal people, I am grateful to remain closer to our founder’s vision, dreams and mission. His vision burns brightly and grows even more stronger, when I face the challenges of educating underprivileged girls from remote villages while living up the JMJ charism.

The spirituality and charism of our Congregation **“An - Ever Adaptable Apostolic Availability”** gives direction and meaning to the challenging times in my life journey. It recapped me that every encounter is an invitation to rediscover God’s purpose and be available for His mission. In the midst of uncertainty, our founder gently whispers, “Be calm, be faithful, have more patience and be ready to serve wherever you are needed. For your Father cares for you as though you alone exist.”

Today, I see how those difficult moments shaped me into a stronger instrument of God’s love and taught me to trust Him more deeply. Fr. Wolff’s vision truly radiates whenever we live our consecration with openness to God’s will, readiness to serve and faith that turns trials into blessings. In this way, the prophecy and mission of our founder continue to shine through our lives, illuminating hearts, communities and the world. Dear Fr. Wolff your vision truly radiates with a pure divine light, a beacon of love that surpasses space and time.



The Radiance of Wolff's Vision



Sr. Theresa Madanu

The visionary founder of the Congregation of Jesus Mary Joseph Rev. Fr. Mathias Wolff, S.J, gave the world a profound spirituality that shines brightest not in comfort, but in challenge. His call to be “truly contemplative in action” and to remain “ever united with the Lord with great apostolic zeal” becomes particularly powerful in difficult situations. The depth of his vision is revealed most clearly when it guides hearts with courage and hope.

Through the life of our founder, we strongly believe that the strength of any apostolic mission lies in a profound union with God. This union is not meant only for moments of peace and quiet; it is meant to sustain us precisely when storms arise. In difficult times, prayer becomes our anchor, keeping us rooted in God's love and wisdom. Here, Fr. Wolff's vision invites us to rise above fear, confusion and discouragement by ascending to the Lord through contemplation.

The Power of Apostolic Zeal

This zeal is not simply enthusiasm or energy; it is a burning desire to serve God through people. It calls the sisters to be alert to the needs of the time, to be courageous in facing challenges and to be generous in responding to the cries of the poor and vulnerable.

Every day presents a challenge in mission stations like Madhya Pradesh. To speak out, we often need to think twice. We cannot predict from where problems may arise. Every day we wait for God's intervention, for clarity and for a new beginning. Waiting tests our patience, unsettles our hearts and can even challenge our faith. Yet, it is precisely in these quiet, uncertainty, in-between moments that God reveals Himself in profound ways.

Waiting as Sacred Space

Waiting is not empty time; waiting is sacred space. It is the place where God forms us, prepares us, and draws us closer to His heart. Abraham waited for a promise; Moses waited in the desert; Mary waited for the Saviour to grow within her; the disciples waited for the Spirit. Their waiting was not punishment; it was preparation. Their hearts were being moulded for a mission greater than they could imagine. Similarly, our times of waiting prepare us for something more beautiful, more meaningful and more aligned with God's purpose to happen in this challenging area.

In waiting, we learn to follow God's rhythm instead of forcing our own. We begin to see that His timing is not slow; it is perfect. Ultimately, waiting becomes a journey of faith where we discover that God is never late, never silent, and never absent. He is the God who accompanies us, shapes us, and strengthens us, especially in the quiet seasons of waiting, the same God who accompanied our founder throughout his life.

Fr. Wolff's vision continues to shape the JMJ sisters to remain united with the Lord, to let prayer be the source of every action and to serve with a whole heart. Only then does the mission become transformative, not only for those who receive the service, but also for those who offer it.

Thus, the legacy of Fr. Mathias Wolff invites every Sister to live a life where faith flows into action and action leads back to God, a life where the love of Jesus becomes visible through every act of service.



Holy Eucharist is the Best Worship



Sr. Mary Francis Trichurkaran

Our Constitution article no. 30 says: The Eucharistic sacrifice is the source and summit of our Christian life where we gather in love around the table of the Lord. At the time of religious profession, we offer ourselves to God through the Church, in close union with the Eucharistic sacrifice. Day after day this offering becomes a reality, concretely and continuously renewed through our participation in daily Eucharistic celebration.

My experience of Holy Eucharist:

As for me, Holy Eucharist is so real, so deep and so wide I can't express it in a fragile form. I was attending the Holy Eucharist routinely till few years ago. But the moment I came to know the greatness and the value of this great Sacrifice; I started to take additional interest. Even now I feel I am not worthy to take part in it. I believe during the Holy Eucharistic celebration the heavenly court descends on the altar, the Father, the Son and the Holy Spirit. Arch angles, angles and saints continuously sing and praise God.

Holy Eucharist forms the bedrock of my worship. It is pinnacle of my worship. This sacred feast nourishes my soul, deepens my love for God and bestows incredible graces. Holy Communion

becomes a sacred encounter with Jesus himself. This real and tangible presence of Christ in the Eucharist is a mystery that calls for profound faith and reverence. The Eucharist is so important because it is Jesus. I get to touch Jesus and consume Him every time I come to Mass.

As for me in the Eucharist: I learn it. Love it. Live it. I imagine what I would be capable of if I completely surrendered to the faith of Jesus' real presence, if I spent more time with Him in Adoration, if I received Him more reverently at Mass. I imagine the vessels of love, compassion and mercy I could be. I want that for me so much, but worldly distractions are difficult temptations to overcome. It's a daily struggle and I do not foresee an easy release of them, but I know that the more I am around Jesus, the more at peace I am. My stresses lessen, my self-worth improves and I feel loved and at peace in ways that I cannot feel elsewhere. Trust me, I have experienced the benefits of Holy Communion in the given ways.

- It heals incurable sickness.
- It is a coverage for divine protection.
- It gives life.
- You will dwell in God.
- It opens closed doors.
- It brings revival to an individual and the body of Christ at large.

St. Paul in Acts of the Apostles asserts "In him we live, move and have our being." (Act.17:28) So as God is grace, love and communion, we always live in grace, love and communion. But it is not enough. We need to experience this grace, love and communion.



Growing Gracefully Through Life's Uncertainties



Sr. Rajamma Gali

“Growing older gracefully means embracing every season of life with gratitude and purpose.” This simple truth has been the compass, guiding my steps through decades of life and vocation. It is a commitment to seeing not just the changing years, but the continuous, transformative hand of God at work. Life’s journey inevitably leads each of us through seasons of waiting, change and quiet struggle. We encounter moments when plans slow down, health weakens, or our mission feels unclear. Yet, these moments do not reveal God’s absence; instead, they become sacred spaces where His presence grows deeper and more tender. Just as the prophet Isaiah reminds us, “Those who trust in the Lord will find new strength. They will soar high on wings like eagles.” (Is.40:31). In times of perceived weakness, God works silently within us, purifying, strengthening and shaping our hearts in faith, preparing us to fly.

Looking back on my years of ministry and community life, I recognize how often uncertainties became the most profound blessings. My anchors have always been consistent prayer, the steadfast support of my community and fidelity to my call. These disciplines helped me hear God’s gentle, persistent whisper: “Be still and know that I am God.” Every challenge was an opportunity to grow in peace, compassion and surrender.

One of the most powerful and clarifying moments of God’s presence came when I battled cancer at the age of 37. It was a painful phase that stripped away my false securities. Yet, through the darkness, I experienced God’s immediate, healing touch and the overwhelming strength of my JMJ Sisters’ prayers. Their spiritual support carried me through

fear and suffering, teaching me a vital lesson: God never abandons His chosen ones. His love became my courage and His presence was my unshakable consolation. It was a lived reality of the promise: “My grace is sufficient for you, for My power is made perfect in weakness.” (2Cor.12:9)

The foundational charism of our Founder, Rev. Fr. Mathias Wolff, has continually guided my steps. His unwavering trust in divine providence and his spirit of apostolic availability taught me the beauty of obedience, the joy of embracing every mission wholeheartedly and the simplicity of serving people with a generous heart. The JMJ spirit rooted in profound trust and readiness has been the strong anchor that has held me fast in every transition, crisis and change.

Today, as I reflect on this journey, I see clearly that wisdom often arrives through the quiet acceptance of waiting, the grace found in loss and the humility learned through change. These years have not made me bitter but better; not weary but wiser. Living among our senior sisters has enriched me further, teaching me serenity, profound gratitude and the enduring beauty of humble, consistent service. I have learned that the greatest impact is often made in the smallest, most overlooked acts of love.

I rejoice that God uses me just as I am. My wisdom for the younger generations is to trust God through every uncertainty. Know that difficulties are hidden graces drawing you closer to Him. Hold firmly to the Lord; His power is made perfect in weakness and He never fails.

Discovering God's purpose in Life's seasons



Sr. Mary Pushpalatha Vanaparthi

Living with our senior sisters in the community, I recognize that life's difficulties and uncertainties, have not been obstacles to their vocation but that have deepened their relationship with God and with the quiet growth of inner grace, patience and wisdom.

In times of uncertainty or when the path seems unclear, I learned from them how to trust the slow work of God. What once felt like darkness often revealed itself as the fertile soil of faith. I discovered that God's purpose is not always found in immediate clarity, but in the steadfast endurance of faith and love. In patience waiting I grew in hope allowing God to act and surrender personal plans to find peace in His time.

Sr. Amrit, the first vocation to JMJ from North India, holds a special place in our hearts. Her unwavering zeal for pastoral care, even at this mature stage of life and her devoted visits for family prayers are truly inspiring and commendable. Sr. Rosily Kanamkudam remains ever active and cheerful. Living alongside them has taught me that vocation is a lifelong unfolding. The call they first heard in youth has matured with the passage of time into wisdom, serenity and a quiet joy in God's presence.

The spirit and charism of our Founder continue to inspire and sustain them. His vision whether of compassion, mission, education or contemplation is not a relic of the past but a living flame still burning in their hearts. Their lives are a testimony that growing old in consecrated life is not a diminishment but a graceful flowering of fidelity. As time has passed and outer activity has lessened, I see prayer has become the central rhythm of their life.

Living with them has taught me, love is expressed not only through grand gestures, but through being patient, being attentive to their needs, extending helping hands, a thoughtful act, understanding and acceptance makes community life better. The daily chorus of community prayer, meals together, laughter around the table, care for one another makes life meaningful.

Though they are not involved actively in the ministries but their mission has been transformed. They are no longer on the frontlines of apostolic work, but they now serve through the quiet power of presence, prayer and silence to the community mission.

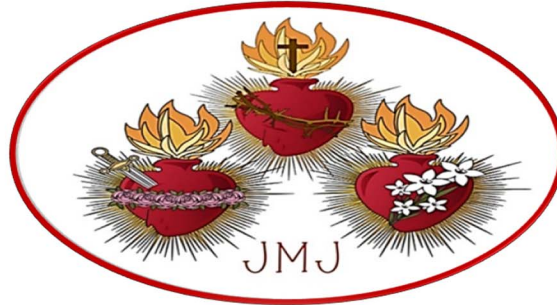
Living with them, I realize how age and limitation can become a new way of participating in God's mission: through encouragement, listening and intercession for the world. Their hearts remain missionary, reaching far beyond the walls of the convent through their prayer. Their lives proclaim that mission does not depend on physical strength, but on the fire of love for Christ and His people.

My encounter with our senior sisters has become a moment of deep gratitude for their contribution to the congregation, quiet renewal and hope, a reminder that God faithfully accompanies us in every step of our journey.

An Ever-Adaptive, Apostolic Heart



Sr. Swapna Mothukur



*In the quiet dawn where God still whispers,
We hear the call that shapes our lives,
A gentle voice that rises within us,
Saying softly, "Be ready to be sent always."
We walk not by chance, but by calling,
Not by strength, but by the endless flow of grace,
For the heart of our charism whispers continually,
"Be ever-adaptable, wherever God's wind blows."*

EVER ADAPTABLE

*We bend like reeds kissed by the Spirit,
Never breaking beneath the weight of human need.
Adaptability is not surrender to chaos,
But a sacred readiness to serve and heal.
A heart that bends does not break;
It listens, it learns, it carries the world's sorrows,
And shapes every wound into a seed of hope.
We learn the language of each suffering soul,
The silent cries, the unheard prayers.
We go where love is missing,
And stitch the world together with tenderness,
Carrying God's presence in our every step.*

APOSTOLIC MISSION

*Hands that move, yet stay rooted in mercy,
Feet that journey where hope is thin,
Eyes that see God hidden in every wound,
Hearts that carry Christ within,
Not as spectators, but as instruments of His love.
"Service is not what we do, it is who we become."
Our mission is a flame ever-burning,
A light that refuses to be extinguished.*

Youth Echoes

*We step into silences of suffering,
Not with grand words, but with listening hearts,
With hands that heal and spirits that encourage.
We walk with the broken, the lost, the forgotten,
Not as heroes, but as sisters of mercy.
The Apostolic Spirit moves quietly through us,
Whispering, "Go, serve, love without measure."*

AVAILABILITY

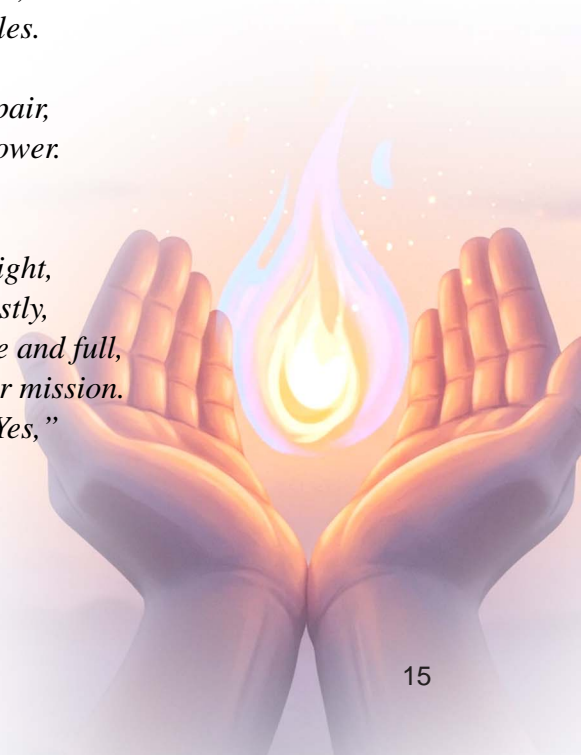
*Availability is the heart of our vocation,
A simple, sacred surrender of time, hands and heart.
Quiet as dew, humble as earth,
Ever open to God's call, wherever it may lead.
"Not bound by place, but bound by love."
We give not to be seen, but because He asks.
We open our lives to His will,
Allowing grace to enter, heal and transform.
Through every small act of service,
Every smile, every word, every touch of care,
We become channels of God's mercy.*

A LIVING FLAME

*Our charism is not written in books alone,
But in every life poured out for others.
It is a flame, breathing, moving and guiding,
Not confined to walls, but carried into the world.
"In giving, we are made whole. In surrendering, we truly live."
Through teaching, healing, serving and listening,
We become the living message of Christ,
A beacon of hope in a world that trembles.
We plant seeds of possibility,
Gather hearts scattered by fear and despair,
And let God's love rise in quiet, steady power.*

.....

*So may our spirit ever be:
Adaptable as the dawn - open to God's light,
Apostolic as the flame - burning steadfastly,
Available as Christ's own heart - tender, brave and full,
Alive for love alone - our purpose, our joy, our mission.
And as long as our hearts keep saying "Yes,"
The world will know:
Hope still lives.
Love still heals.
God still calls.
And we, the JMJ sisters, still go.*



Rooted in Purpose: My Journey of Hope and Faithfulness as a Young Religious Sister



Sr. Surekha Parigela

“I can do all things through Christ who strengthens me”- Philippians 4:13

In a world that moves at incredible speed and high expectations, people search endlessly for meaning. I stand as a young religious sister, carrying within me a quiet strength and a deep longing to live fully for God. My life is shaped by dreams, hopes and a profound desire to serve God and His people with love. Amid the shifting realities of today's world, my vocation becomes the anchor that keeps me grounded and the path that gives direction to my journey.

Growing through uncertainty

Uncertainty has been a familiar companion in my spiritual journey. The path of religious life is not free from challenges. Formation, community living, mission work, studies and emotional development, all these demand patience, maturity, and openness to growth. There are days when doubts arise, when responsibilities feel heavy, or when my own limitations become visible. Yet, in these difficult moments, I experience the gentle touch of God's grace.

God strengthens me each time I feel weak and uncertain. He deepens my faith when I face confusion and He gives me courage when the journey seems overwhelming. Every challenging moment teaches me something new about trust. I realize that uncertainty is not a sign of failure but an invitation to lean more closely on Christ, who is my strength.

Remaining Grounded in Purpose

The purpose of my vocation is the guiding force of my life. My commitment is not a single event marked on a calendar; it is a lifelong “yes” that I renew every day. Fidelity becomes a conscious,

daily choice, a choice to love, to give, to persevere, and to remain faithful to the mission entrusted to me.

Faith keeps me rooted. Prayer offers peace, clarity, and comfort. My family and religious community support me during difficult times and celebrate with me in moments of joy. My dreams and goals inspire me to grow, to learn and to keep moving forward.

Prayer has become my greatest strength. When I feel tired, confused, or emotionally overwhelmed, prayer gently lifts my spirit. It offers courage to continue my journey with trust. Every moment I spend with God it transforms me from within. Prayer is not merely a request for blessings; it is a relationship, a loving conversation with the Father who knows me, listens to me, and walks with me always.

When I pray for others with love, I become a blessing in their lives. Prayer expands my heart and teaches me compassion. It helps me see the world through God's eyes and respond with kindness and understanding.

A life strengthened by grace

In this journey of religious life, I continue to discover that I can truly do all things through Christ who strengthens me. With prayer as my foundation and God's purpose as my compass, I move forward with hope, faith and gratitude. My life becomes meaningful, peaceful and filled with grace when I remain rooted in Him.



A Journey of Trust: Unfolding Grace in the Vocation



Sr. Vijaya Mathangi

My journey as a young religious sister, a sixth-year Temporarily Professed Sister and a pharmacist by profession, has been a gentle unfolding of grace: a path woven with light and shadow, joy and longing, strength and surrender. The ideal I strive for is simple yet profound: A heart that loves deeply, serves quietly and trusts completely.

There are days when the road feels clear and radiant with purpose, and there are moments when uncertainty quietly settles in. Yet, through every season, I have learned that God's hand never leaves mine. I cherish the truth that Faith is not about knowing where the road leads, but trusting the One who walks beside you even in my uncertainties.

In times of waiting, I have discovered the quiet strength of patience. Waiting has taught me to listen more deeply, not only to the voices around me but to the still whisper of God within. His silence is not absence but invitation, calling me to trust the unseen and believe that every delay has a divine design. I have learned that waiting is not wasting; it is trusting.

Challenges, too have shaped me tenderly. They remind me that growth often comes through struggle and that love deepens when it is tested. I find the true beauty of my vocation in my daily fidelity: the small acts of kindness, the shared laughter in community and the quiet moments of prayer before the Blessed Sacrament.

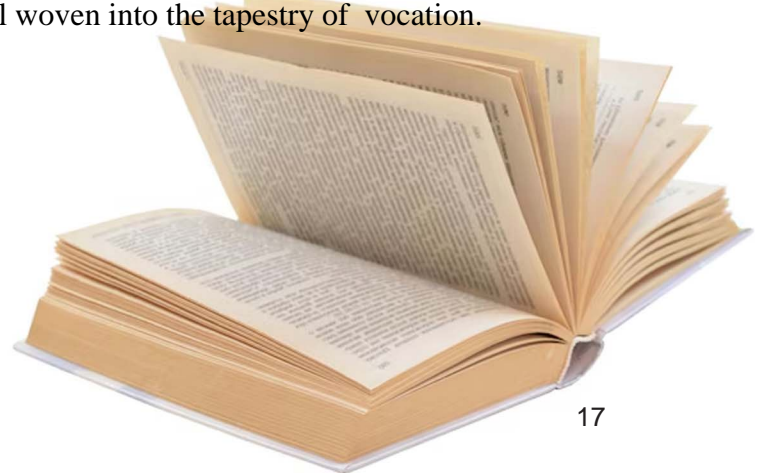
Community life has been my mirror and my home. Through my sisters, I glimpse the many faces of God, compassionate, patient, joyful and forgiving. Together we walk, sometimes stumbling, sometimes singing, yet always united in one mission: to love and to serve. Their companionship

gives me courage to rise each day with renewed faith and gratitude.

Prayer remains the undeniable heartbeat of my journey. It is in prayer that I lay down my fears and find peace in the gaze of the Lord. Often, I realize that I do not need all the answers; I simply need the grace to take the next step with confidence in His love. Each dawn reminds me that the call is not merely to do something, but to become someone, a reflection of Christ's compassion in the world.

My deepest desire is to remain faithful not only in moments of clarity but also in seasons of confusion. My value is faithfulness: not in perfection but in perseverance. To rise again after falling, to smile again after pain, to serve again after disappointment, that is grace alive in me.

In today's world, restless and uncertain, we, the 18 young sisters of the Hyderabad Province, walk together beneath clouds of waiting and wonder. At times, we feel the pain of unanswered prayers, but in these very pauses, we sense grace at work, quietly, patiently and tenderly. Our strength comes not from knowing what lies ahead but from knowing Who walks beside us. Each day, Christ whispers to my hearts, Be still, I am with you. My journey is marked by small, unseen acts of love, all woven into the tapestry of vocation.



Rising to the Challenges of My Chosen Path



Sr. Seema Kandulna

“You did not choose me, but I chose you.”

– John 15:16

Vocation is a divine initiative, to enter into His life, His mission and His love. My vocation a precious gift, a call that I received not because of my merit but because of God’s gracious choice. I responded in faith, trusting that the One who called me will walk with me. Today, as I look back, I realize with gratitude that every step of this journey has shaped me, strengthened me and brought me closer to God.

Each day in this journey is unique. Some days arrive with clarity, zeal and consolation, moments when God’s presence feels close and reassuring. Other days bring confusion, heaviness or emotional strain. There are times when uncertainty rises, responsibilities feel too much and my limitations are hard to ignore. Yet, through every moment joyful or challenging, I continue to walk the path of my vocation, learning that God will never leave me alone.

Throughout my journey, I have experienced God’s compassionate guidance, mercy and forgiveness. He has never abandoned me; instead, He remains my closest friend, my quiet strength and my steady

companion. His presence constantly reminds me that my life is not about external achievements or material success but about inner transformation, growing in love, compassion, patience, selfless service and growing in the image and likeness of Christ my master. My vocation invites me to rediscover, day by day, the values that mirror God’s heart.

This way of life is not so easy. Each challenge, choices have refined me, molded my character and deepened my faith. Whether it was moments of emotional pain, personal failures, family concerns, stress or inner weakness, every struggle held a hidden purpose. Through these experiences, I learned to depend more on God than on my own abilities and on others. I discovered that hope is born not in times of certainty, but in moments of vulnerability, when I stretch out my hands to God in trust.

Answering His call demands my unwavering fidelity. I continue to walk His path even when the way feels difficult or unclear. When life confronts me with failures or moments of discouragement, I cling to God’s assurance “My grace is sufficient for you” (2nd Corinthians 12:9). Each fall taught me a lesson, each difficulty reminded me to rise again and each challenge deepened my commitment.

I understand, vocation is not a one-time decision but a lifelong “yes” renewed each day with courage and love. God has chosen me personally to serve Him and His people wholeheartedly. And so, with faith in His promise and hope in His guidance, I continue this sacred journey, trusting that He who called me will lead me faithfully to the end.



Rev. Fr. Mathias Wolff, SJ

A Spiritual Light Guiding My Vocation



Sr. Akshatha Mary Rayappa

Every vocation is touched at some moment by a grace that becomes a source of quiet strength and inspiration. For me, one such grace has been the life and spirit of Rev. Fr. Mathias Wolff, SJ, the founder of the Congregation of Jesus Mary Joseph. Although he lived centuries before, his spiritual legacy continues to illuminate my path as a JMJ Sister and deepens my understanding of what it means to belong to God entirely.

Fr. Wolff's story is not simply a historical account; it reflects God's abiding love and providence. He lived in a time marked by hardship and spiritual need. Yet amid those struggles, he allowed himself to be shaped and transformed by God into a vessel of compassion, courage, hope and unwavering faith.

What draws me most to his spirituality is his attentiveness to the suffering of the poor, especially women and children. He recognized Christ in those who were forgotten and carried in his heart a deep desire to uplift them. This sensitivity in him became a guiding grace to start a women religious congregation and an inspiration to me in my own ministry. Whenever I encounter someone carrying a burden unseen by others, I recall Fr. Wolff's gentle but powerful reminder: **This is where your mission begins - in the heart that God places before you.** His conviction echoes within me each time I enter a classroom or reach out to a patient. He taught us that true education

is an act of love, an invitation to bring God's light into the minds and hearts of other people.

There are moments in my vocation when challenges rise and my own strength seems insufficient. In such times, his words speak quietly to my spirit; Work like a giant, Have childlike trust in the Lord.

As JMJ sister, I am called to carry the four corners of the world in my heart. I have come to a realization that this is not only as a mission statement but a spiritual attitude, a readiness to go where God sends, to serve without any reservation, without counting the cost trusting in God's providence. Through Fr. Wolff's example, I have learnt, when I surrender my dreams to God, He expands my heart far beyond my imagination and limitations.

His life continually leads me back to Scripture, especially the verse: "The Lord is my strength and my shield; my heart trusts in Him and He helps me." (Psalm 28:7) This is the rhythm of his spirituality, which I seek to cultivate in my own. When I witness his deep trust in God, I am reminded to root my daily mission in prayer, silent surrender and faith that God's grace will always be sufficient.

As I walk the path he opened for us, I am often moved to pause and reflect:

- Am I allowing God to use me as He used Fr. Wolff?
- Am I seeking only His will?
- Am I letting His love flow through me to those who need it most?

These questions keep my heart attentive and my vocation renewed.



The Test of Faith in Times of Uncertainty



Sr. Monica Marandi

When I chose to follow Christ through religious life, I did not imagine that the journey would weave together moments of joy and struggle, clarity and confusion, uncertainty and waiting. I simply believed that the One who called me would walk ahead of me.

Gradually the journey unfolded, challenges emerged, the kind that are not always visible to others. There were seasons of uncertainty, when my heart questioned: Where is God leading me? Am I responding enough? Do I have the strength to continue? There were also times of waiting - for answers, waiting for direction, waiting to understand God's silence. Patience did not come naturally. Waiting felt like standing still, while everything else in the world kept moving.

In these moments, three things shaped me deeply:

1. The Eucharist - My Place of Strength:

Whenever life felt heavy, I found myself drawn to the chapel. Sitting before the Blessed Sacrament, I learned to surrender. There I realized that my vocation is not secured by my strength, but by His grace. In silence, Jesus speaks - not through loud revelations but through gentle assurance: 'Be still. I am working in ways you cannot see.' Every time I walked out of the chapel, I carried peace not because my questions were answered but because I was held by His grace.

2. The Word of God - My Compass: During formation, scripture became a mirror to my inner journey. Verses like "My grace is sufficient for you" felt like personal promises. The Word helped me recognize that God's timing is never delay, it is a preparation.

The world says, "Move quickly, achieve more." But God says, "Remain in me" and in that remaining, I discovered my purpose.

3. Community - A School of Love: Living with others from different cultures, backgrounds and personalities is not always easy. There were days when misunderstandings hurt and expectations weighed heavily. But community taught me what love truly means:

To forgive without waiting to be understood, to serve without seeking recognition, to see Christ in every sister. Through community, my heart learned that the vow of love is lived out more in hidden acts than in grand gestures.

What keeps me faithful is not perfection, not certainty, not clarity but the silent conviction that I am loved and chosen by God. There are days when I feel strong and days when I feel fragile. Days when I move with confidence and days when I walk in faith alone. But every morning, when I kneel and say, "Here I am, Lord," I feel God renewing His promise to walk this journey with me. My vocation is not about having all the answers. It is about trusting the One who knows the way. Calling is not a one-time 'yes'. It is a 'Yes' whispered again and again especially on the days when it feels difficult. And so, I continue grounded in prayer, strengthened by the Eucharist and held by the God who called me. My hope is to remain faithful, not because the path is easy but because the One who leads me is faithful.



Faith that Heals, Hope that Endures



Sr. Vasantha Kumari Gali

**“By the wounds of Jesus, we are healed”
(Isaiah 53:5-6)**

Coming through a major illness or surgery is often described as second life. It is God's grace with one more chance of life. Thank God and be grateful about it. On recovery, everyone will cheer up, but the truth is, recovery is not always the end of the journey. For many, especially the afflicted, it is the beginning of a new chapter that brings its own kind of struggle, the challenges of reconnecting with who they are, after the body, mind and life they once knew have changed.

Illness has a way of shaking one's identity. With depression and disappointment there arises questions like, 'why me?' 'What is the point of living?' But there comes a ray of hope in the Lord. The Lord our God is full of mercy and compassion, by the wounds of Jesus we are healed.

Jesus has told us, whatever you ask in my name it will be done for you. Whenever we pray, we need to ask in the name of Jesus, because the name of Jesus is very powerful, the name which is given by God the Father, the name of Jesus is above all names, the name of Jesus which opens the door of heaven, which gives healing to the sick, this name of Jesus has authority over everything.

When I look at my life, I was diagnosed with breast cancer in the year 2000. I was disappointed and

depressed. I clinged on to him and pleaded with faith and trust, Lord if it is your will please heal me. At the same time, I received good medical treatment, care, prayerful support from my sisters. I too was taken to a healing centre in Bangalore, logos retreat. I am grateful to my congregation and all the sisters for their prayerful support and accompanying me. There I could experience His healing power. I thank the Lord and continue to pray to Him through the intercession of Mother Mary and all the saints. I have received complete healing from the Lord. Now already 5 years are completing, entering to the 6th year, all my reports are normal, there is no trace of Cancer. I firmly believe it is the Lord Jesus who healed me and gave me the new life.

There are 8000 promises in the Bible, when we pray, we need to claim the promises of the bible and pray constantly, without ceasing. Jesus says, Oh men of little faith? or women of little faith? for we walk by faith not by sight. (2nd Corinthians 5:7) when we walk by faith in the Lord, what He has promised, we will receive or achieve. Because the promise is given by God himself and it cannot be a failure, for Jesus never fails. Human promises may be some time a failure but for God, nothing is impossible. There is time for everything, so let us have that strong faith in Jesus just as the woman who touched the finch of his cloth and received the healing.



In the Quiet Dawn My Memory of Fr. Wolff



Sr. Sulakshini Kerketta

In the quiet dawn of my humble heart,
Where whispered prayers and hopes begin,
I remember how Fr. Wolff's presence
Lit a gentle fire deep within.

In the quiet between my heartbeats,
Where the world grows soft and still,
He taught me there's a sacred place
Shaped tenderly by God's will.

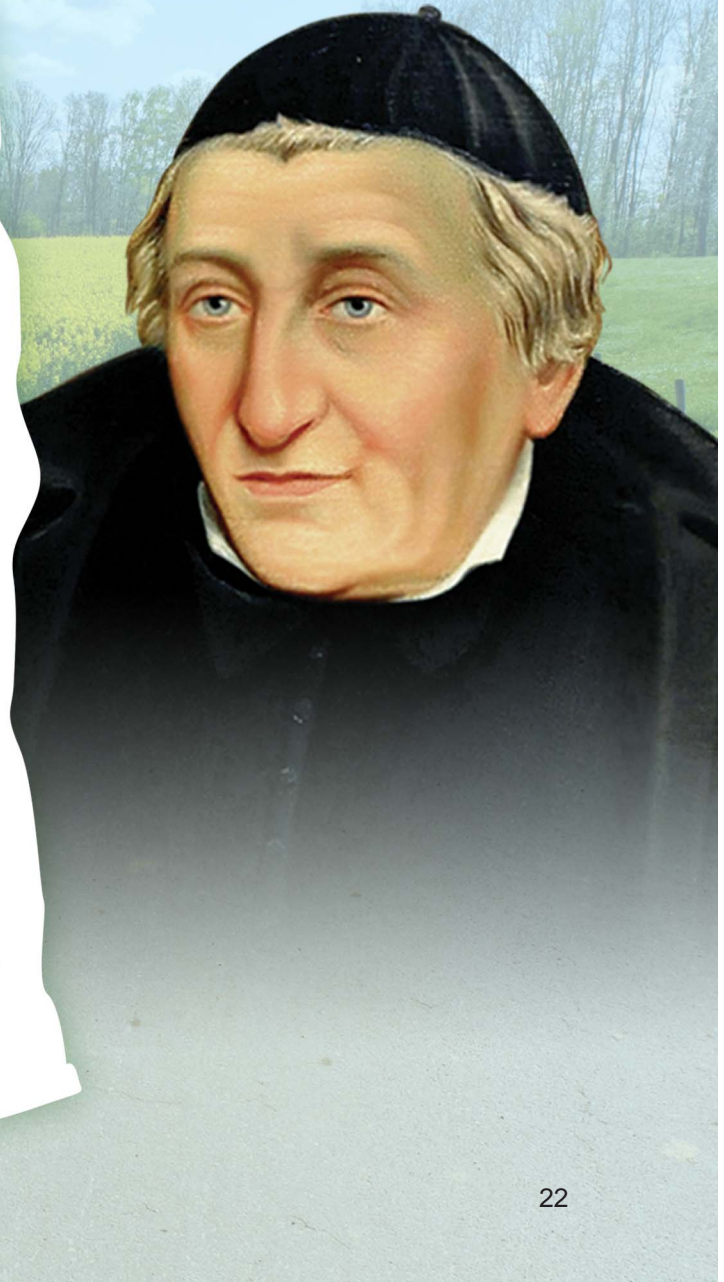
With Jesus as his guiding truth,
In healing hands and steady grace,
He served the poor, uplifted the lost
He saw God in every face.

Not in thunder, not in fire,
Nor in triumph loud and grand
But in calm, quiet moments
He showed how God takes our hand.

When answers hid in shadows,
And my days felt slow and long,
He reminded me that waiting
Is a temple where faith grows strong.

With Mary's calm and trusting soul,
He listened, cared, and understood
He held our burdens in silent prayer,
And taught us how to seek the good.

With Joseph's strength in quiet work,
He labored with a peaceful heart
Finding holiness in simple deeds,
Where love is life's most sacred art.



A changing world - An unchanging mission



- Sr. Showrilu Allam

In a world that shifts with every new dawn where cultures evolve, technologies advance and societies reshape themselves - there remains a mission that does not change: the mission to love, to serve and to uplift humanity with unwavering compassion and faith.

My journey into this mission in Ghana began in 2014, when I set my foot in the country. I was posted to a remote village called Sambuli to teach Junior High School students. Everything felt new: the language, the daily lifestyle, the cultural expressions and the challenges faced by the local children. I encountered young boys and girls navigating issues of gender equality, cultural expectations and limited basic facilities - all under a scorching heat that tested one's endurance.

Yet, amid these realities, one voice echoed powerfully in my heart: "Fear not, I am with you." I found unexpected joy working among the people at Sambuli. Assisting in the parish and working closely with the youth brought deep fulfilment. Their resilience, openness and trust taught me lessons that shaped my mission more deeply than I had ever imagined.

When my government posting documents were finalized, I was reassigned to KBK Convent. There, my mission expanded. I served first as a class teacher and later as the house mistress of Matias House caring for nearly 500 students. Life was full, demanding and fast-paced, yet I felt God's hand gently guiding my every step.

Our Founder's words echoed within me daily: "Bloom where you are planted." I drew strength from the pioneer sisters of KBK who worked tirelessly to build an institution that shapes not

only the young mind but offers dignity, hope and opportunity to vulnerable young girls. Their sacrifices became a source of motivation for me to continue giving my best.

In time, I was entrusted with the role of Assistant Headmistress, assisting Sr. Regina Zangiti in administration. This position broadened my interactions with staff, students and various communities. Every new responsibility came with new graces, preparing me quietly for what God had planned next.

By God's unfailing strength, I eventually succeeded Sr. Regina Zangiti and was entrusted with the joyful responsibility of guiding over 1600 young girls. This is not my achievement - it is God's mission unfolding through me.

As I reflect upon this journey, my heart overflows with gratitude. At every step, God has walked ahead of me, strengthening my weaknesses and filling me with courage. I thank the leadership of our beloved JMJ Congregation for their trust, guidance and constant support throughout these years.

The world may continue to change rapidly but the mission remains the same to serve with compassion, lead with integrity and love with a faith that does not waver. To God be all glory, honour and praise now and forever.



A mission that becomes hope



- Sr. Mukta Xess

In a world shaken by war, political instability, economic collapse and the silent destruction of human values, the mission of the Congregation of Jesus Mary Joseph rises as a quiet yet powerful source of hope. While nations tremble and hearts grow weary, our mission stands like a lantern in the night, steady, compassionate and unwavering. It is not through grand gestures, but through humble service, that we offer the world what it hungers for most: hope that heals, love that restores and faith that rekindles meaning.

War has torn apart communities, scattering families and breaking the human spirit. Yet our mission steps into these spaces of pain with the gentle strength of Christ. “Where war divides, love gathers.” In refugee camps, conflict zones and traumatized villages, our sisters carry Christ’s healing presence, listening, comforting and rebuilding. Their presence whispers to broken hearts, *You are not alone; peace will come.*

Economic instability has driven countless people into despair. Dreams collapse, livelihoods disappear and the poor are pushed further into society’s shadows. In these dark valleys, our mission becomes a lifeline. Through schools, skill-building centers and compassionate outreach, JMJ plants seeds of possibility. A simple act, a meal, a classroom, a word of encouragement, becomes a spark of hope. *When you help someone rise, you rise with them.*

Political turmoil has left many feeling voiceless and forgotten. Division and distrust have become the language of the day. Yet JMJ speaks a different language, the language of unity, compassion and justice. Our mission does not stand on stages; it walks into the streets. It listens more than it speaks.

It heals more than it judges. It builds bridges where society builds walls. *Peace is not an idea; it is a daily choice.*

Amid faith crises and value degradation, our mission shines like a lighthouse guiding souls back to God. Many feel spiritually lost, disconnected from meaning and truth. JMJ formation, initial and ongoing, keeps our sisters rooted in prayer, discernment and Gospel-centered living. “*Faith is not something we teach; it is something we radiate.*” Through their lives, our sisters reflect the compassion of Mary, the obedience of Joseph and the zeal of Jesus. In a world that forgets God, they remind it gently that love is still real, faith is still alive and God still walks with His people.

Collaboration with lay partners, dioceses, congregations and international NGOs strengthens our mission beyond borders. Together, we weave a tapestry of hope that stretches across nations. *When hands join, miracles multiply.* These partnerships allow us to serve more deeply, respond more swiftly and transform more lives.

Today, our mission stands as a testimony that even in the darkest storms, light persists. It may be small, like a candle in the wind, but it refuses to go out. It continues to shine for the forgotten, the wounded and the weary.

And so, amidst war, chaos and moral confusion, JMJ stands firm a refuge of compassion, a voice of peace and a source of unshakable hope. Our mission reminds the world that love still has power, goodness still has strength and hope still has a home among us.

The National Youth Meeting - ICYM 2025



Sr. Prakashamma Sanivarapu

Fifteen enthusiastic youth from Vetapalem Parish took part in the National Youth Meeting organized by the Indian Catholic Youth Movement (ICYM) from October 1–5, 2025, in Chalakudy, Kerala. We are grateful to the JMJ Sisters and our Parish Priest for their constant encouragement and guidance and to the JMJ Bangalore Province for generously sponsoring our registration and making this enriching experience possible.

The five-day national ICYM gathering brought together hundreds of energetic youths from across India, united in faith, friendship and the mission to live as true witnesses of Christ. The event became a powerful time of spiritual renewal, cultural exchange and joyful celebration.

The program opened on October 1st with a solemn prayer and inspiring message from Bishop Ignatius D'Souza, urging the youth to stay rooted in faith and become agents of hope. A colourful cultural procession marked the beginning of the fest.

On the second day, Bishop Christudas celebrated the Holy Eucharist, calling the youth to live with courage and conviction. A deeply touching Healing Prayer by Fr. Mathew Naikaparambil strengthened faith in God's healing power, followed by "The Chosen Experience" led by Mr. Asish, inspiring participants to discover their purpose.

The third day featured a vibrant liturgy by Bishop Jayarao Polimera and an uplifting leadership session by Ms. Maria Sangeeta, encouraging youth to use their talents for good and play an active role in the Church and society.

Each day was filled with energy and enthusiasm, highlighted by performances from musical bands and regional dance presentations. Every region presented its own cultural dance on stage, showcasing unity in diversity and celebrating the spirit of ICYM.

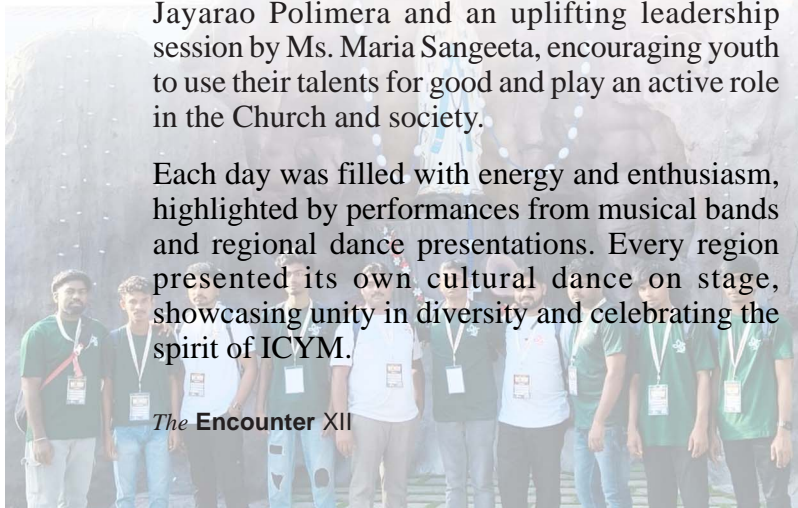
The Vetapalem youth gained immensely from this experience. They built better understanding of Church teachings and grew into the openness of mind and heart to learn new things and have wider view of Catholic faith.

Impact:

- The program helped them to Strengthen their Faith & Spiritual Identity
- Youth got exposed to meaningful liturgy, praise & worship, adoration and interactive faith sessions. Grew in consistent prayer life.
- They learnt how to practice their faith in a world filled with distractions.
- Youth describe this program as moments of spiritual renewal.
- Personal Growth & Self-Confidence through fellowship and active participation.
- National-level networking
- Breaking of social and cultural barriers
- Developed leadership skills

The closing ceremony on October 5th was honoured by the **Chief Minister of Kerala**, who appreciated the Church's efforts in shaping young lives through faith-based programs like ICYM.

The ICYM National Youth Meeting 2025 was truly a memorable and transformative journey for the Vetapalem youth, rekindling faith, deepening fellowship and inspiring them to be vibrant witnesses of Christ in their daily lives - spreading love, hope and service wherever we go.



A Journey of Discovery and Growth



Sr. Josephine Prathipati

Within the vast landscape of religious ministries, I have realized that every mission is unique in its purpose, yet all are bound together in one spirit. From preaching the Gospel and teaching the young to serving the poor and caring for the sick, these ministries reveal the living presence of Christ in the world. Yet on my mission journey, I have come to realize that we labor together in the Lord's vineyard, and every mission ultimately serves to proclaim the Gospel and build His kingdom.

I feel that the call to mission is not merely a responsibility - it is a divine necessity. Through every act of compassion, every outreach, every touch of healing, and every moment of prayerful presence, I have come to see that mission unfolds most powerfully in the ordinary rhythms of our daily life. One of the most profound places where I experience this, is in my collaborative work at the remote area of **St. Joseph's School, Giridih, Jharkhand**, where mission becomes a shared journey of forming minds, shaping hearts, and building a community rooted in faith and service.

My formation rooted within JMJ, has been a strong pillar of support and guide to me in mission. Through its varied missions, both ongoing and emerging across the globe, has taught me that mission is not only about what I do but about who I become. I am continually invited to live the Gospel authentically and to be a contemplative in action. Even in moments of uncertainty, I feel that waiting is also a mission where God works powerfully in the silent spaces of my heart.

My life experiences have taught me to encounter God not only in moments of peace but also in struggles, delays and unanswered questions. It has opened my eyes to see God's presence in the cries

of the poor, the displaced, the marginalized, the forgotten and those live without hope. These encounters continue to energize my missionary zeal and deepen my compassion.

One of the most life-giving experiences for me has been the collaborative spirit of JMJ. Across national and international levels, I have witnessed our leaders and teams working hand in hand with religious congregations, dioceses, lay partners and social organizations. Together, we engage in integrative ministries that touch the deepest human needs.

Through this collaboration, I have experienced how mission transcends borders, cultures and languages. Whether in the quiet simplicity of rural villages or the bustling energy of city streets, our ministries radiate the compassion of Christ.

And so, as I continue my journey within the myriads of missions under JMJ, through the spirit of our founder and congregation, I carry with me the profound truth that mission is always a shared path. It is collaboration that strengthens our witness, love that sustains our service and God's grace that leads us forward.



Bridging Theory and Practice: Lessons from Our Geneva Internship



Sr. Sushila & Sr. Denin, JMJ

Our internship at the VIVAT International Office in Geneva was an exceptional opportunity for both of us, Sr. Sushila Kerketta and Sr. Denin Mary Chiriyankandath. As a global faith-based NGO with Special Consultative Status at ECOSOC and association with the UN Department of Global Communications, VIVAT International provided us a unique platform to engage directly with international human rights mechanisms.

We arrived in Geneva on 13 September 2025, warmly welcomed by the Holy Cross Sisters of Chavonore, and began our internship on **15 September** under the guidance of **Fr. Kachi Adindu**, VIVAT's representative to the UN Geneva. As we stepped into the office, we were struck by the collaborative spirit that filled the space. Under one roof, several faith-based organizations including **Edmund Rice International, The Franciscans, Dominicans, Daughters of Charity of St Vincent, Good Shepherd Sisters, The Jesuits**, and **VIVAT International**, work together to raise their voices at the United Nations in Geneva. It was inspiring to see how these organizations, despite their diverse charisms and backgrounds, unite around shared values to advocate for human dignity, justice, and peace on a global platform.

Key Learnings:

From the first day, we were introduced to the UN Geneva portal <https://www.ohchr.org/en/hrbodies/hrc/home> and learned to navigate sessions, schedules, and documents—particularly the **60th Session of the Human Rights Council (HRC)**. Stepping into the **Palais des Nations** was a deeply inspiring moment, as we observed high-level discussions on global human rights crises. We gained hands-on experience in:

- Understanding diplomatic negotiations and multilateral dialogue
- Careful listening, note-taking, background research, and report drafting
- Engaging with delegates, NGOs, and experts worldwide
- Observing in real time how human rights norms are debated and defended

Fr. Kachi also trained us in how to register for a presentation slot on <https://events.ohchr.org/>, for oral interventions, preparing video submissions, and understanding major UN processes such as **General Debates, Special Procedures, Side Events, Interactive Dialogues, Urgent Debates, Complaint Procedures**, and the **Universal Periodic Review (UPR)**.



Mission, JPIC and Safeguarding Initiatives

Oral Interventions and Participation: We were privileged to deliver oral statements at the HRC.

- On **16 September**, Sr. Sushila presented during the Interactive Dialogue on **water and sanitation crisis in Ireland and UK**.
- On **23 September**, Sr. Denin addressed the General Debate on the **massacre of Christians in Nigeria** linked to lithium extraction.

These opportunities strengthened our skills in crafting concise, impactful statements within the UN's strict format of 1.30 seconds.

We also attended multiple sessions addressing conflicts and human rights situations in regions including Gaza, Palestine, Sri Lanka, Afghanistan, Jammu & Kashmir, South Sudan, Nigeria, and more. Side events such as those hosted by the **Sovereign Order of Malta**, the **Holy See on "Family as a primary cornerstone upholding parent's role in ensuring the rights to Education"** and Christian organizations preparing for **COP30** deepened our understanding of faith-based advocacy at the UN.

Understanding UN Mechanisms and Global Diplomacy:

We gained valuable insights into the **Universal Periodic Review (UPR)** and the **Voluntary National Review (VNR)** on Sustainable Development Goals, both crucial accountability tools within the UN system.

Geneva is often referred to as a "**Hub of International Diplomacy**" due to the concentration of many of International Organizations Headquarters like United Nations Human Rights Council (**UNHRC**), World Trade Organization (**WTO**), World Meteorological Organization (**WMO**), International Committee of the Red Cross (**ICRC**), United Nations High Commissioner for Refugees (**UNHCR**), International Labor Organization (**ILO**). We were privileged to embark on a guided tour to **World Trade Organization** which facilitates our understanding how trade agreements shape global development.

A memorable encounter with a senior Human Right's Council official Mrs. Rory further enriched our learning. He emphasized the need for grassroots-level engagement, collaboration within the Church, and youth-led movements to strengthen human rights advocacy.

The Symbolic Landscape of Geneva:

One of the most iconic landmarks is the **Broken Chair Square**, located just before one of the entrance gates of Palais des Nations - a symbol against landmines and violence particularly landmines and cluster bombs. It is a reminder to the world's nations to protect and aid the victims, with a rightful compensation when their rights are violated. Public demonstrations near the UN highlighted Geneva's role as a global platform for justice and solidarity where international human rights concerns are addressed peacefully, visibly and vocally.

Gratitude and Conclusion:

We are deeply grateful to Fr. Kachi for his patient guidance, wisdom, and constant encouragement. This internship has given us a profound appreciation of the tireless efforts made in Geneva to defend the voiceless. Our heartfelt thanks to Sr. Mary Karickakunnel, Superior General of the JMJ Congregation, and her Council for supporting this enriching journey, and to Sr. Miriam, SSpS, President of VIVAT International, for making this internship possible. Every day in Geneva expanded our horizons and strengthened our commitment to stand for human dignity, justice, and peace.



Mission and JPIC Development Tidings



Sr. Denin Mary, Sr Joseph Mary Kata and Team
JMJ International Mission and JPIC Commission (IMJC)

The Mission Office of the Congregation of JMJ continues to strengthen inter-province collaboration across India and Ghana through integrated initiatives in Education, Health, Social Action, Pastoral Care and Ecology. These efforts focus on capacity building, resource sharing, and coordinated action for sustainable development, with particular attention to vulnerable and marginalized populations.

Peace Education and SDG Integration:

The Eight Dimensions for Integrating Peace and Happiness with Education program was implemented in 10 schools across Indian Provinces, linking peace education with the Sustainable Developmental Goals:

- **SDG 5 (Gender Equality):** Promoting inclusion, mutual respect, self-worth and justice
- **SDG 15 (Life on Land):** Encouraging environmental responsibility and empathy for nature
- **SDG 16 (Peace, Justice, Strong Institutions):** Building conflict resolution skills, tolerance, and respect for diversity

As a follow-up, students developed **class-based peace action plans to promote peace**

- Hosting group discussions, debates and conferences on peace themes
- Creating posters, charts and goal boards to promote peaceful living
- Setting personal goals to respect all religions, avoid unsafe mobile apps and be emotionally balanced
- Practice empathy of care, charity, support and service
- Being role models of peace through discipline, cooperation and kindness.
- Conducting peace rallies and awareness campaigns
- Practicing daily meditation for inner calm and balance



Peace Through Art – Literature Festival

Students from Amali English Medium High School, JMJ School Kadapa, St. Joseph's School Kurnool, and St. Xavier's High School Ongole actively participated in the "*Peace Through Art! Literature Festival*" organized by the **Assisi Institute for Peace Studies (AIPS)** and the Peace Club. Their short stories reflected creativity, imagination and strong values of peace and harmony.

In educational institutions, the peace program can be sustained long-term by organizing activities like peace poster contests, peace song compositions, peace mural paintings, peace poetry



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slams, intercultural exchange events, peace panel discussions, Peace Day celebrations, global issues debates, Eco-consciousness initiatives and recognising the efforts of the children ambassador through certificates, badges or other forms of acknowledgment. We are on this follow up journey.

Peace education provided students exciting opportunities for self-development. It helped them to go out of themselves and doing good for others. Students are empowered to build affinity among participants, so differences can be respected and they get trained to resolve conflicts at an early age. At the outset, peace education encourages, guides and instils seed of peace in young minds.

Health Initiatives:

Inclusive Health Services for the LGBTQIA+ Community

Three Indian provinces implemented targeted initiatives to create inclusive, safe and respectful healthcare spaces for LGBTQIA+ persons, especially the transgender community. Across Hyderabad, Ganapavaram, Rajahmundry, Eluru and Bangalore, free medical camps, counselling and awareness sessions were conducted with dignity and sensitivity. Around 50 transgender persons in Hyderabad, 50 in Guntur, and 34 in Bangalore received comprehensive health check-ups and medical support. Programmes also focused on LGBTQIA+ rights, stigma reduction, respectful communication and non-discriminatory healthcare practices, while supporting access to government entitlements such as Aadhaar updates and transgender certificates. Despite challenges like limited staff training and expectations of material support, collaboration with local LGBTQIA+ leaders and ongoing sensitization helped build trust, improve participation and affirm healthcare as a space of respect, identity and belonging.

Social Initiatives:

Empowerment and Integration of Migrant Community Children

The interventions for migrants focused on holistic empowerment through basic education, remedial learning, skill training, and awareness creation was initiated. In Mirch Yard, Guntur, literacy classes, vocational training, health and social awareness programs helped migrants adapt better to their environment. Children attending tuition centres showed improved reading, writing, numeracy, discipline and confidence, while regular nutritious snacks and supportive teachers encouraged consistent attendance. In Bangalore, Nellore, Kogilu, Vetapalem, Deverahipparagi and Palamaner also in Hyderabad, slum area of Begumpet remedial centres created joyful spaces for migrant children, helping them bridge learning gaps, practice hygiene and develop self-esteem.



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Despite challenges like irregular attendance and language barriers, flexible schedules, multilingual facilitators and home visits improved trust and participation. Over 550 migrant children benefited, while migrant families gained awareness of health, safety and financial literacy, highlighting that true empowerment combines education, emotional support and community collaboration.

Child Ambassador Workshop:

Sensitize and Engage on Anti Human Trafficking and Create Safer Environment

A particularly innovative effort was the Child Ambassador Workshop conducted at JMJ School, Deverahipparagi. This program aimed to develop leadership qualities among children, equipping them with awareness on human trafficking, safety and personal protection. The workshop brought together school children, teachers, sisters and social work staff to learn how children themselves can become advocates for safe environments. It enabled the development of child leaders capable of influencing peers, identifying risks, promoting positive behaviour and raising awareness on issues affecting vulnerable children. Through this initiative, participants gained deeper



understanding of the struggles children face and the importance of creating child-friendly, protective communities.

Pastoral Initiatives:

Empowering young people by valuing their ideas and contributions to make a difference

Youth-focused interventions recognize young people as powerful agents of change. Programs conducted in Vetapalem, Sirsi, Dargamitta, K. Mariammanahalli and Deverahipparagi of Bangalore, Appanna veedu, Perikeed, Indhira Nagar, KC Works Parish, Nulakapeta & Park Road Parish, Mangalagiri - Penumakka, Marakkanam and Kallidaikurichi of Guntur, Kurnool of Hyderabad, Manendragarh, Raipur, Raigarh, Giridh, Naya Raipur and Ranchi of Raipur aimed to inspire, educate and mobilize youth to lead positive transformations within their communities. Seminars on drug addiction, life skills, and social responsibility equipped youth with essential knowledge and values.

At a large youth gathering, participants were inspired to recognize their potential as builders of a peaceful and just society. Over 668 youth gained confidence, motivation and leadership skills. While some young people needed counselling, career guidance, and financial support, the programs helped many discover their strengths and develop a sense of purpose. By fostering leadership, creativity, and social commitment, the youth empowerment initiatives contributed significantly to building responsible and compassionate future citizens.



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Ecological Initiatives:

Construction of a Mechanized Borehole for Sambuli Community

Sambuli is a rural and underserved community located in Saboba District in the north-eastern part of the Northern Region of Ghana. With a population of approximately 3,452 people, the community has historically lacked access to basic social amenities most critically, clean drinking water. For years, residents depended on the Oti River as their main water source, which they shared with livestock. This situation exposed the community to frequent outbreaks of waterborne diseases such as gastroenteritis and typhoid. The need of a mechanized borehole for potable water was an urgent priority for the village. A grant was secured to support the project, covering geological surveying and mapping, borehole drilling and mechanization, as well as the installation of a polytank and a concrete water tower. The Sambuli community contributed the manual labor during construction and committed to the ongoing maintenance of the facility. Upon completion, the project brought immense relief, improved living conditions and great joy to the people of Sambuli.



Laudato Si' Week Celebration:

Answering the urgent call of the Church and creation, the communities in India and Ghana observed Laudato Si' Week and World Environment Day with deep reverence, commitment and joyful creativity. Inspired by Pope Francis' encyclical Laudato Si', the week's theme, **"One Earth, One Chance,"** echoed through every activity, urging all to reflect, renew and respond to the ecological crisis with faith and action. The heart of our celebration was a prayer service rooted in the spirit of Laudato Si'.

Our community embraced the message of sustainability through practical actions. One key initiative was the promotion of reusable water bottles. The slogan "Drink Smart – Carry a Bottle that Lasts" was displayed and promoted enthusiastically. It served as a daily reminder to reduce plastic waste and adopt mindful habits.

The celebration continued with songs and skits highlighting environmental awareness. These creative performances were not only entertaining but deeply thought-provoking. One skit portrayed Mother Earth speaking to humanity, pleading for love, care and repentance. Another play demonstrated the harmful impact of plastic and pollution on marine life.

Following the performances, all participants took an Eco-Pledge, vowing to eliminate single-use plastics, conserve energy and water, and to be mindful consumers. The pledge was not mere words, but a heartfelt decision to live in harmony with creation. The theme "Less Plastic, More Life" became the motto for our community. In practical terms, it means eliminating plastic carry bags, choosing biodegradable alternatives, composting organic waste and involving everyone in green practices. Our



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actions, though small are significant steps in a larger ecological journey. Our Laudato Si' Week was a beautiful blend of prayer, learning and action. It was a testimony to our faith in God the Creator and our responsibility as caretakers of the Earth. The week may be over but the mission continues.



A Month's Journey-Peace with Creation 2025

This journey was integrated into daily assemblies in schools and hospitals across Indian provinces and the Ghana region through inspiring reflection on caring for creation. Through prayer and reflection, students and teachers fostered gratitude for nature, ecological responsibility and awareness of interconnectedness with all life.

Scripture reflections based on Matthew 9:35 - 38 were conducted in classrooms, highlighting Jesus' mission of compassion, service and justice. Students were encouraged to recognize the link between faith and ecology understanding that caring for creation is a vital expression of discipleship and love for God's people.

Students took pledges to avoid single-use plastics and to promote eco-friendly alternatives such as cloth bags and steel bottles. These efforts nurtured responsible consumption habits and environmental mindfulness both in school and at home.

As a symbol of gratitude and ecological commitment, all staff received potted plants, representing life, growth and shared responsibility. Students also planted saplings on their birthdays, fostering a personal bond with nature and contributing to a greener campus. Through such value-driven initiatives, JMJ Schools and hospitals effectively integrated Justice, Peace and Integrity of Creation into daily practice, strengthening the institution's moral, spiritual and ecological foundation.

Certification to JMJ from Laudato Si Action Platform:

The Laudato Si' Action Platform acknowledges our Congregation's commitment to ecological conversion, certifying it as an active participant in Laudato Si movement. As we complete two years by December 2025, the IMJC team thanks all JPIC promoters and communities who submitted evaluations by 15 November 2025. The analysis of the 2023 – 2025 evaluation is underway and will be shared soon.



Inter- Congregational Activities:

These initiatives emphasize collaborative efforts among different religious congregations, fostering shared formation, community service and spiritual growth through collective engagement and mutual support. Below are the few collaborative actions being carried out.

Flood support affected 100 children in Budameru village, NTR District of Andhra Pradesh

Through combined fusion of material and emotional support, JMJ and FSAG positively transformed the educational journeys of over 100



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vulnerable children in Budameru village. The interventions improved attendance, reduced dropouts, strengthened learning and confidence, reinforced family and community bonds, demonstrating the power of collaborative action in advancing holistic and equitable education.

Collaboration with VIVAT India for Migrant Community



VIVAT India actively planning to collaborate with different congregations-SVDs, SSPs and JMJ for the migrant communities through initiatives focused on pastoral care, counselling, and community engagement. VIVAT collaborates on poverty eradication and anti-trafficking programs, partnering with grassroots NGOs, governments, and UN efforts to empower marginalized migrants, women and children.



Joining Hands with Talitha Kum Ghana

JMJ Sisters from the Ghana region, across five communities, collaborated with other congregations and dioceses to prevent human trafficking. Through awareness sessions highlighting St. Bakhita as the patron saint of anti-human trafficking, the initiatives emphasized hope and transformation in God's care. The efforts promoted a comprehensive approach - prevention, victim protection, and prosecution - while strengthening partnerships with community groups to respond early to the needs of children, youth, and families at risk.

Resource Mobilization Techniques and Involvement:

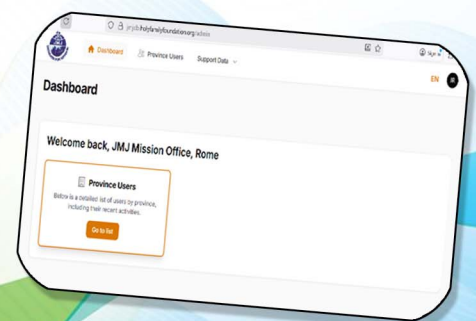
To capacitate sisters to document the work daily basis, which will help in fund raising, human resource development and mobilization of material resources following are the steps taken by the Mission and JPIC Office

Mission Funding through donors from Italy, Switzerland, Germany and UK-

As part of this effort, funding support was secured from donors in Italy, Switzerland, Germany and UK. In Ghana Region, these funds supported social and educational initiatives such as skill training, income-generation programs, children's education, awareness activities, healthcare services, and paediatric ward construction. In India, support was directed toward disaster relief, convent construction, services for children with disabilities and peace education programs.

Launch of JMJ Database:

The Congregational Database which collects the census - details of short history, objectives of the unit, name, person responsible, activities with photos and so on was launched in August. Each unit is given the USER ID and password to fill in the activities with the name of the program under each category and can select the activity, description, number of beneficiaries and upload photos. We have finished the first phase of training on 28 August 2025 and we received the data filled in by Social Units-28, Educational Units-06, Health Units-04 and Pastoral Units- 03 which has helped prepare the Annual Report of the year 2024.



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Enrolment of JMJ in Fund Raising Campaigns such as uniting religious sisters globally to fund community projects addressing poverty, injustice and UN Sustainable Development Goals and a corporate giving portal for employee donations, volunteering and grants, channelling for humanitarian aid.

Visit to Donor Agencies in Germany:

To advance JMJ's mission in Africa and India across social, pastoral, ecological, educational, health and formation, fund raising initiative was carried out in German diocese. The Congregation's Mission Annual report was presented to the donor during visits to German dioceses, highlighting transparency, impact and accountability in the projects.

Mission Appeal:

Mission appeal was conducted at Our Lady of Guadalupe Parish in Helotes, San Antonio, Texas, on September 20 and 21, 2025. Sr. Sowmiya presented the appeal at all Masses on September 20, from the 8:00 a.m. Mass through the 4:00 p.m. Mass. Sr. Ansi followed with the appeal on September 21 at all Masses during the same hours. The parish community was exceptionally welcoming, supportive and attentive throughout both days. During the appeals, we shared the mission of the JMJ Congregation, highlighting our many years of service. We also emphasized how our religious sisters continue to serve the poor and marginalized through ministries in education, healthcare, pastoral care and social welfare.

Various Learning Platfor:

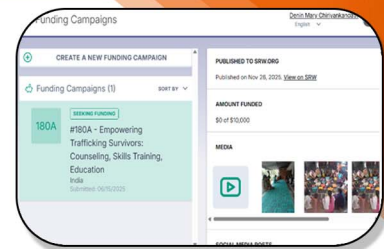
FCRA Seminar - Sr. Joseph Mary Kata attended the two-days FCRA seminar in Hyderabad organised by Bala Vikasa on 12 & 13 Nov. The seminar provided her a valuable insights into managing foreign funds. She gained clarity on compliance procedures, documentation and ethical practices, emphasizing transparency and accountability. The training enhanced her confidence in handling FCRA-related work responsibly and reinforced the importance of timely filings, staying updated on policies and using resources effectively for the institution's mission.

National Conference on Anti-Human Trafficking by AMRAT Talitha Kum, Bangalore

Sr Joseph Mary Kata attended the National Conference on Anti-Human Trafficking organised by AMRAT Talitha Kum in Bangalore. For her it was an eye-opening and deeply inspiring experience. The gathering brought together sisters from many congregations across India who are courageously involved in anti-trafficking missions. Through their powerful sharing, presentations and field experiences. She gained a deeper understanding of the complex realities of human trafficking - its root causes, the patterns of exploitation and the hidden networks that operate in both rural and urban settings. The conference also highlighted the collective strength of women religious who work tirelessly to rescue, rehabilitate and advocate for the rights and dignity of victims. She learned about the importance of community vigilance, awareness programs, collaboration with local authorities and the need for safe spaces for vulnerable women and children.

Diploma course on Pastoral Care of Human Mobility (Migrants)

Sr. Joseph Mary, Sr. Prakasamma, Sr. Annie Stella and Sr. Amulya completed an online diploma in **Pastoral Care of Human Mobility** from the **Scalabrini International Migration Institute (SIMI), Rome.**



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The course strengthened their theoretical foundation and gave them valuable tools for responding effectively to the needs of migrants. It has been a deeply enriching and formative journey. The course deepened their understanding of migration from pastoral, sociological, legal and humanitarian perspectives and provided practical tools for compassionate, informed engagement with migrants. Through disciplined study and reflective assignments, they strengthened their critical thinking and commitment to serving migrant communities with professionalism, sensitivity and confidence.

Conclusion

The Mission cum JPIC, aligned with the 2024 Direction Statement, promotes inter-province and inter-congregational collaboration, resource mobilization and learning platforms rooted in justice, compassion and human dignity. Its programs address immediate needs while fostering long-term empowerment through education, awareness, capacity-building and community engagement. By strengthening networks and inclusive environments, these initiatives drive sustainable growth and social transformation. The outcomes show meaningful progress, yet they also highlight the need for continuous engagement, stronger partnerships and deeper sensitization to ensure lasting impact. Together, these efforts illuminate the JMJ mission of building a more just, resilient and compassionate society for all.



**“It is up to Him
to point the way and
for me to follow.”**

- Venerable Mary Glowrey

SAFEGUARDING MISSION

July 2025 – November 2025



Sr. Joseph Mary Vadlamudi JMJ,
Congregational Safeguarding Coordinator

The JMJ Congregation continues its steadfast commitment to protecting the dignity, safety, and well-being of children, youth, vulnerable adults, and all entrusted to our care. From July to November 2025, the Congregational Safeguarding Office carried out a vibrant series of trainings, policy developments, collaborative initiatives, and formation programs across provinces, dioceses, institutions, and mission regions. This period reflects our collective dedication to the core safeguarding objectives: Leadership commitment, Creating safe environments, Training & formation, Capacity building, Networking, Promoting the Church's safeguarding mission, Responding to victims, Strengthening commissions, Ongoing updating and awareness.

1. STRENGTHENING LEADERSHIP & POLICY DEVELOPMENT

Significant progress was made in consolidating safeguarding policy across the Indian Provinces. A unified policy draft was prepared through consultation meetings and expert-guided sessions. The Congregational Safeguarding Commission (CSC) carried out review, refinement and planning for implementation. International collaboration extended to the Ghana Region, where policy drafts were reviewed and structural guidance provided. Leadership-level engagements across provinces and dioceses reinforced safeguarding as a pastoral, moral and administrative priority.

2. CREATING SAFE ENVIRONMENTS ACROSS MINISTRIES

Schools, colleges, formation houses, tutorial centres, youth ministries and parish-based institutions received comprehensive training on

safe conduct, institutional responsibilities and the formation of safeguarding committees.

Awareness programs stressed on:

- Early detection of abuse
- Mandatory reporting procedures
- Online safety measures
- Safe physical and emotional spaces
- Development of staff codes of conduct
- Strengthening unit-level safeguarding officers

Through these efforts, safeguarding mechanisms were brought to grassroots levels ensuring safety where it matters most.

3. FORMATION, TRAINING AND CAPACITY BUILDING

Over the four months, thousands of students, teachers, clergy, religious, youth, staff, and volunteers were trained through awareness programmes, workshops and policy orientations.

For Schools and Educational Institutions

Sessions in Hyderabad, Vijayawada, Guntur, Mahabubnagar, Srikakulam, Kurnool, Ghanpur, Konapuram, Achempet and several other locations provided:

- Safeguarding basics
- Signs and indicators of abuse
- Substance and online safety
- Responsibilities under POCSO
- The role of educators as protectors

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For Clergy & Religious

Programs for priests, sisters in formation, TPS trainees, religious living abroad and IFF diploma students focused on:

- Theological foundations of safeguarding
- Safe boundaries in consecrated life
- Authority and abuse of power
- Healthy relationships
- Learning from past failures

Second-year novices at Bhopal concluded their training by making a solemn pledge to safeguard and uphold dignity wherever they serve.

For Youth

A landmark youth awareness programme in Kurnool reached nearly 2,000 young people, inspiring them to be alert, responsible and courageous in reporting concerns.



4. NETWORKING, COLLABORATION & OUTREACH

This period saw remarkable strengthening of collaborative efforts with:

- Archdioceses and dioceses (Hyderabad, Srikakulam, Vijayawada)
- TCU and YES J Centres
- Holy Cross and St. Ann's Luzern Congregations
- Divya Disha NGO
- CHAAPT and CRWI
- UISG and Global Sisters Report (GSR)
- Bala Vikasa and FCRA-related NGOs
- Institute of Anthropology (IADC), Rome through internship collaboration

These partnerships expanded resources, promoted diocesan-level safeguarding structures and uplifted Church-wide mission fidelity.

5. COMMUNICATION, RESOURCES & STRUCTURAL SUPPORT

- A Safeguarding Brochure with mission, vision, organisational chart and practical guidance was printed in 2,000 copies and distributed across provinces and collaborating organisations.
- Continuous update of activities of CSC on Social Media Platforms like LinkedIn, X, What's App and Facebook.
- Regular review meetings, documentation support and action plan development provided strong structural grounding for the mission.
- Ongoing formation through UISG webinars, CSC meetings and monthly updating sessions ensured continued learning and fidelity to ecclesial safeguarding directions.



6. RESPONDING TO VICTIMS AND STRENGTHENING ACCOUNTABILITY

Programs highlighted trauma-sensitive responses, child-friendly communication and responsible reporting pathways.

- Visit to home for vulnerable children at Miyapur and Telephone conversations with abuse survivors deepened awareness of real-life challenges and reaffirmed the need for compassionate presence and timely interventions.
- Educators and staff were trained to recognize disclosures, respond

Mission, JPIC and Safeguarding Initiatives

appropriately and uphold mandatory reporting laws ensuring that victims receive support and perpetrators are held accountable.

KEY ACHIEVEMENTS (July–Nov 2025)

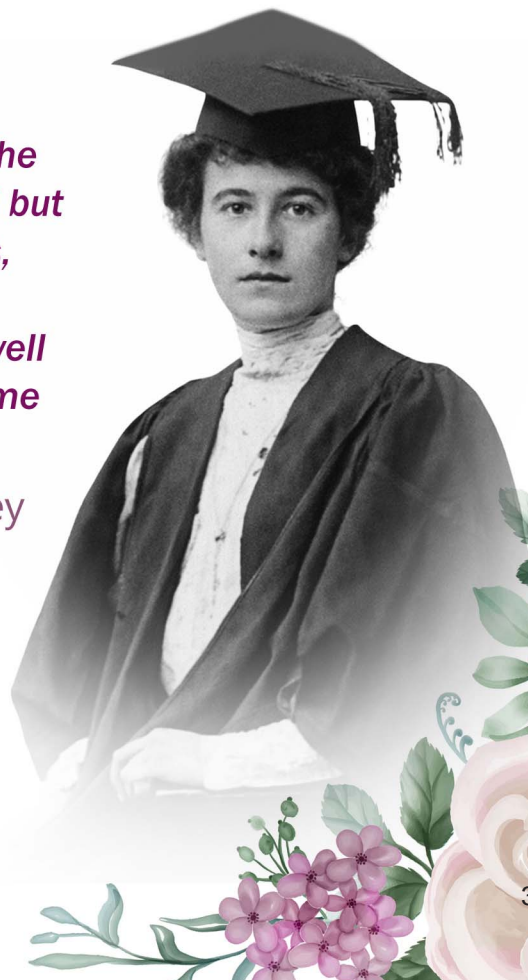
- Unified Safeguarding Policy drafted for Indian Provinces
- Training conducted for thousands across schools, youth groups and religious houses
- Strengthened safeguarding structures in provinces, dioceses and institutions
- Formation programmes integrated into all stages: postulancy, novitiate, TPS, ongoing formation
- Action plans and budgets prepared for 2026 implementation
- 2,000 Safeguarding Brochures designed, printed and distributed
- Ghana Regional Policy review and guidance completed
- Continuous upskilling through global webinars and Church initiatives

A WORD OF GRATITUDE

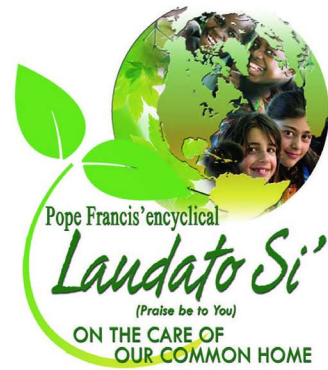
The Safeguarding Office expresses sincere thanks to the Superior General, General Council, Province Leaders, CSC members, educators, clergy, NGO partners and all sisters who continue to uphold the safeguarding mission with dedication and love. Your commitment continues to build a safer, more compassionate and Christ-centred world for every person especially the most vulnerable. Together, we uphold human dignity, protect life and witness to the Gospel through safe and nurturing communities.

“Suddenly, there flashed into my mind the thought, surely God-given, that if I could but succeed in doing God’s Holy Will always, then not only would sin be impossible, but I should always do that which was well pleasing in His sight. This petition became my constant prayer.”

– Mary Glowrey



10th Anniversary of **Laudato Si** *Care for the common home*



The JMJ Family around the world mobilised with events and initiatives to renew its commitment to an integral ecology. The 10th anniversary is therefore a unique opportunity to relaunch the commitment to our common home, a mission in which we are all called to actively participate.





WOLFF'S VISION FOR US IN 2026 AND BEYOND

Fr. Wolff's vision for his sisters is holistic:
focusing on the spiritual life and active ministry in the world:

- 1. Spiritual Core:** Total Trust in Providence: The sisters are to live by the principle that "God provides," relying completely on God's will and guidance in all circumstances.
- 2. Mission and Service:** Caring for the Marginalized through education, healthcare, social, pastoral and evangelisation
- 3. Community Life:** Joy and Mutual Support: The community is to be a place of mutual love, support, and joy, reflecting the love of Christ.
- 4. Apostolic Zeal:** The sisters are to be driven by a passionate desire to bring the good news and practical help to others.

SUMMARY STATEMENT

Fr. Mathias Wolff's vision for his sisters is to be a visible sign of God's love. They are to achieve this through a life of profound spiritual simplicity and radical service, especially to the poor and neglected, trusting that God would always provide for their needs as they serve others.