



News Glow Bangalore Province

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"Mary, the Holy Mother of God"

The feast is a celebration of Mary's motherhood of Jesus. The title "Mother of God" is a western derivation from the Greek Theotokos, which means "God-bearer". On this day, we are reminded of the



role that the Blessed Virgin played in the plan of our salvation. Through the Holy Spirit, God the Father prepared Mary to be the dwelling place where His Son and His Spirit could dwell among men. Christ's birth was made possible by Mary's fiat, or sanctioning of God's plan with her words, "Be it done to me according to thy word". Calling Mary "Mother of God" is the highest honor we can give to her. Just as Christmas honors Jesus as the "Prince of Peace", the Solemnity of Mary, Mother of God honors Mary as the "Queen of Peace". New

Year's Day is also designated as the "World Day of Peace", further acknowledging the role of Mary in our hearts and in our world. As we begin another year, we draw inspiration from the selfless love of the God-bearer, who never hesitated to do the Will of God. And we trust in her prayers to God for us, that we might, as the years pass, become more like her.

O Mary, Mother of God, pray for us!

A Red Letter Day at Sirsi

The morning of 22nd February 2021 brought tidings of joy as we gathered to witness the blessing and inauguration of the silver jubilee memorial library.

The auspicious event began with the praise to the most merciful and the most benevolent as Msgr. Simon Tellis, Apostolic Administrator, Diocese of Karwar recited the prayer of blessing invoking the power of the Lord to fall upon each one, so that all those who step into this abode of knowledge may be enlightened by the Divine Wisdom.





Libraries store the energy that fuels the imagination. They open up windows to the world and inspire us to explore, achieve and contribute the quality of life. This was accomplished on 22nd February 2021 as Rev. Sr. Innamma Yeruva, Superior General of CJMJ cut the ribbon and unveiled the plaque in the presence of the sisters of JMJ Nilaya Convent, staff & students. This was followed by the felicitation and traditional way of honouring the guests. The students of class 10th welcomed the guests of the day with their rhythmic

movements as they performed the welcome dance. Sr. Innamma addressed the gathering and appreciated very much the days programme especially the discipline of the institution. In her speech, she quoted the words of Sri APJ Abdul Kalam and exhorted the students to dream big. Sister gave a new meaning to SIRSI as she described each letter as follows:

SMILE INCESSANTLY RADIATING SERENE INSPIRATION



We thank the Provincial and Council for their constant support, timely guidance and valuable suggestions to make this event a big success.

Sisters of JMJ Nilaya, Sirsi

<u>Divyodaya, JMJ Spirituality Centre, Sirumalai</u> <u>CJMJ Tertianship Programme (05 April – 22 July, 2021)</u>



"Believing without belonging-belonging without believing" with these inner movements in our hearts, in spite of this Covid-19 pandemic situation, we the first batches of CJMJ Tertians of the year 2021 began our journey for transforming experience and creative living in the future for three months at Divyodaya, JMJ Spirituality Centre, Sirumalai. We confined not in Covid-shield rather in God's-shield of hope.

We are ever grateful to our Superior General Rev. Sr. Innamma Yeruva & Council who made it possible to initiate this course inspite of the pandemic situation which shows her great love and keen interest towards the Temporarily Professed Sisters. Our hearts are spell bound in gratitude for all our Provincials and Councils for their meticulous planning, systematic arrangement and timely guidance. We thank our Superiors and Community members who spared us from our responsibilities to attend the intensive formation programme. We remain grateful to Sr. Maria Shymala Erry the Directress of Divyodaya Spirituality Centre for her constant accompaniment in all the aspects of our life. A special note of thanks to Sr. Prameela and community for their tender loving care.

The touch of our master is incredible; the silent ambiance led us into serenity. We began to discover our inner being with new perception and outlook that God created us in his own image and likeness. It has given us a graceful experience that kept us healthy and active throughout the programme. The spark of every moment revealed God's goodness and the nature taught us enough lessons for generative living. In the course of time, our Master revealed to us the ultimate quest for Him, so our love for Him and neighbor has taken deep roots with new insights and inspirations, new races and graces, new sprouts and springs, new life and light, new encounters and expressions.



We experienced that God's love saves and converts us from......

- Cynicism to Optimism
- Seeing to Doing
- Fear to Courage
- Pride to Humility
- Denial to Acceptance
- Guilt to Forgiveness
- Shame to Glory



- Egoism to Self-esteem
- Moodiness to Motivation
- Weakness to Power
- Despair to hope
- Evil to Holiness
- Loneliness to Togetherness

The dynamic sessions on all spheres of life opened up our senses and deepened our relationship with God,

with oneself and with others. We realized like the prodigal son that our life is lived together in unity and diversity, is indeed a mystery and it is only a positive attitude, unwavering faith, diligent hard work and devotion to one's own duties, helping us to discover and to live a meaningful life. We have enjoyed and experienced the real freedom of mind, the joys of companionship and the power of fraternity as a formative community The ever colorful climate helped us to unfold our gifts and talents saying, "Make a difference in life as



consecrated religious, because it's a commitment to continue, it's a commitment to contribute, it's a commitment to cherish forever."

This course provided us different input sessions and also cultural evenings, group sharing, meaningful and reflective group prayers, innovative recreations, guidance, personal sharing, discussions, group workshops,



etc. We realized that in the past as demanding persons ran into resistance, as defeated persons ran into indifference and now as dedicated persons to run to help our neighbor. It tapped our inner resources and abilities for various ministries. It also disturbed us with probing questions like: Why am I here? Where am I treading? How am I going to fulfill my mission? It helped us to *STRIVE* to live our religious life by thriving into the future: S-Start small, T-Think possibilities, R-Reach a little further, I-Invest wisely, V-Visualize success, E-Expand Carefully.

Discernment in the Lord guided and helped us to be convinced that life is a gratuitous gift of God and call to religious life is a challenge, a vision for mission with passion. We were like imprudent virgins ignorant to operate the channels for our effective mission. And our focus was in general, being satisfied in our own segregated cubbies. It has broadened our self-knowledge about our existing systems and gave us new thrust, vision, hope to sterilize our attitudes, analyze our possibilities, recognize our position, scrutinize our values, itemize our assets, capitalize on our experiences, prioritize our goals, reorganize our calendar, visualize our objectives, mobilize our resources and energize our thinking with a massive injection of enthusiasm. But now we firmly believe that





"We are power; we are to empower the world.

We are light to enlighten the ignorance,

We are the pillars to build up the future,

We are the arrows to enter into peripheries

We are the vision for the mission of Christ".

- CJMJ Tertians 2021

The musings of Golden Jubilarians 2021

"We will give thanks to you, LORD, with all our heart; We will tell of all your wonderful deeds."

We, the golden jubilarians arrived at J.M.J. Provincialate, Bangalore on 14th September 2021 from the respective provinces. At 12.30 noon, we were extended a fabulous welcome by Sr. Mary Karickakunnel, the general councillor, Sr. Arogya Mary Mallavarapu, the provincial councillor, the sisters of Preethi Nivas and J.M.J. Convent, Nagavara communities. We were offered a colourful rose flower each, greeted with whispers of love. Sisters invited us to cut the cake as an expression of the ecstatic of meeting one another after a period of long time. It was a joyous and beautiful moment for all of us.



On 15th September, we went to Prerana - the Ignatian spirituality centre, Bannerghatta to attend the seminar and retreat. Fr. Prasanth D'souza S.J., the director of Prerana, received us warmly and directed us to occupy the allotted rooms.

We were altogether 70 in total, belonging to different congregations - F.S.M, charity, S.R.M, D.H.M sisters, Claretians and diocesan priest. In the evening, we had an orientation tour to Prerana and Mount St. Joseph institutes through powerpoint presentation and were given time table.

On 16th, the seminar started on "ageing gracefully" by Rev. Fr. Freddie D'Silva S.J. According to Carl Jung, the psychologist compares human life with the rising and setting of the Sun. The privilege of a lifetime is to become who you are. The time between ages 56 to 83 offers each of us the opportunity to make ageing a positive and life-enhancing experience. For Jung, the ageing process was not one of the inescapable declines of body-mind relevancy but instead a progressive time, refinement of what is essential. Jung's ongoing focus was on self-awareness, individuation and wholeness. In other words, as we grow, we are offered the opportunity to find meaning in becoming whole and wise. Instead of ageing, we could call it sage-ing. Living in moderation and non-attachment is the message to the world offered by Buddha and Christ. We have been led to an inward journey, to release our pre-occupation with the outer world and turn inward by consciously choosing the inner way as we separate the wheat from the chaff and turn away from things that have no ultimate meaning to us. We were instructed to welcome the onward journey with a good diet, exercise, cheerful heart and an optimistic attitude as we resemble and witness the sanctuary light that burns silently in the presence of the Lord.

Mr. Stan Lobo dealt on the topic - foundational principles of self-transformation, self-transformation is not about changing yourself. It means shifting yourself to an entirely new dimension of experience and perception. He made us to become aware of ourselves through different exercises to get in touch with our breathing, walking and feeling and to turn towards inner power that is within us, reminding oneself of the infinite power which can heal us and awaken us to enhance spiritual growth. This helped us to be mindful of the present 'Now' and live in the present. In a way to say we are created in the image and likeness of God, we are gods who are filled with God's dwelling presence.

The retreat began on the 22nd evening, we were 46 golden and silver sisters belonging to different congregations. Rev. Fr. Pradeep Sequiera S.J, the retreat preacher, gave us two talks daily. Morning sessions were on the teachings of Jesus and at noon different topics like community life, listening skills, time management, Ignatian spirituality, etc. He made us reflect more on the person of Jesus and walk in the footprints of Jesus. The daily Eucharistic celebration was meaningful; his sermons were inspiring and

stimulative. He was a person down to the earth who captivated us with humour, and his rhythmic voice had a therapeutic effect. On 30th September at noon, we returned back to the Provincialate after the retreat.

On 1st October 2021 at 9 am, we had an evaluation in the presence of Sr. Anthony Mary, the provincial superior. We shared our rich and enriching experiences. We were affirmed with the positivity of mind and heart at the evening of our life.

After lunch, we went to the Holy Ghost Church to pay homage to late Rev. Fr. Xavier Sanjeevi, CSsR. From there, proceeded to St. Mary's Basilica Shivajinagar and then to the St. Patrick's Cemetery to pay our respects and homage to our beloved departed and prayed for their eternal reward. We reached St. Stanislaus convent at 4 pm. There, we were welcomed with an Arathi by our sisters at J.M.J. Nilayam and served a high tea. After that, some of us were oriented to the new O.P.D. Block by Sr. Thresiamma, the councillor. And others spent time with the senior sisters. At 6 pm - Rosary, prayer service was conducted followed by greetings, presenting gifts and sumptuous dinner.

We all experienced the spirit of J.M.J., togetherness and oneness when we met our sisters in different communities. Arrangements were made to meet all the sisters in the communities at Veeranapalaya and Nagavara. At the reception, our joy had no bounds but burst in great exuberance and laughter.

The diamond and golden jubilee celebrations began with a prayer service on the eve of the Jubilee i.e. 3rd October. The Jubilee bells rang on Sunday at 7 am for the Thanksgiving Eucharistic celebration. Graceful and godly was the whole atmosphere. The sisters from the communities joined the celebration. Rev. Fr. Dionysius Vaz S.J, the provincial of Karnataka Jesuit province was the main celebrant, who offered a thanksgiving mass for the Jubilarians. Sr. Anthony Mary addressed and greeted the Jubilarians. The melodious greeting song elated us. At 10 am, all the sisters gathered in



the auditorium. The powerpoint presentation displayed the Jubilarians profile, they were appreciated, applauded, complimented and each was facilitated with a garland and shawl. A beautiful cultural concert was staged; the highlight of the programme was the Jubilarians dance of thanks with a meaningful song. Finally, in the end, all the audience danced together on 'Jerusalema', which permeated happiness, excitement, joy and a spark of energy.

We, the Jubilations, felt and experienced the enormous love, merriment and blessedness from all the sisters starting from Sr. Anthony Mary the Provincial of Bangalore Province. We, the 1971 Batch had our silver Jubilee celebrations in Bangalore hosted by late Sr. Joanette Mallavarapu, then provincial superior. And our GOLDEN Jubilee, too, was held in Bangalore under the leadership of Sr. Anthony Mary. We are happy about it.

We are grateful to God for the gift of our vocation to live our lives, a life of joy and a life of service through the Congregation of Jesus Mary Joseph. We thank Sr. Innamma Yeruva the superior general and her council, the provincial superiors and their council for your guidance, direction, encouragement and love shown to us. We express our big thanks to all the sisters in the communities; for they are the charming gardeners who made us blossom."You accompanied us, living our vocation and congregation's spirit. May God bless you all. Our lives will be a song of thanks. We remain eternally grateful to you.

Diamond and Golden Jubilarians 2021

Period of Temporary Profession

"Hope of the mind, a new questthere are new dreams in the eyes hoping for it to be filled with, the wise path are far, but the spirit is there as the sunshine to lead us into the holy path."



With this deep thought, I begin our thrilling experience as temporarily professed sisters 28 young members of Bangalore province came together for three days seminar from 27-29 October, 2021 at JMJ Provincialate, Bangalore. The classes were systematically and meticulously conducted by Sr. Mary K. the general councilor. She ignited us with her knowledge and with her rich life examples. The topics were dealt on the period

of temporary profession, evangelical counsels and the challenges of religious life. Though it was a familiar topic, it was an alarming reminder and enriching experience for all of us in this post modern world to store up the religious treasure i.e. one's own values, convictions, taste for the Divine, etc. that has been disappearing from one's life.

The explanation on vows brought forth the knowledge of our oneness with Christ and His people. Vows are meant for our personal sanctification, which are the path to our eternity. Every consecrated person, faces a lot of challenges in today's world, which is seen inclusively by everyone, at this point are we ready to be broken and face any kind of challenges that comes on our way? We are not just religious but *Consecrated* who only knows the depth of knowing God and serving people.

A number of religious congregations carry on Christ mission around the world, working joyfully to establish the Kingdom of God, what difference do we make in building the Kingdom of God as JMJs? Are there any core values that we should hold on to? The answer is yes, we make a difference being with the people keeping our charism in our hearts. We are ever ready to adapt and avail ourselves to any kind of mission in the world.

Along with the classes we were indeed glad to attend different kinds of meditations, prayers, daily Eucharist, confessions, group sharing and recreations. Every opportunity boosted our bonding with each other. Our little sharing of thoughts provoked the purpose of our being as JMJ.



As we are entrusted with different responsibilities, we were convinced to put Christ at the centre of our life, to work like a giant for the good of the community as though everything depended upon us and to pray as though everything depended on God.

At the end, we come with grateful hearts to thank our dear Sr. Anthony Mary Dasari and the council for giving this opportunity and sparing us from our responsibilities to have renewed life. We are also thankful to Sr. Amala Karnam the temporarily professed sisters' directress for taking effort to arrange this three days seminar and her keen interest in every temporarily professed sister entrusted to her.

- Temporarily Professed Sisters, Bangalore Province

"Grow ...Flow...Glow ...in the Spirit of Jesus"



We 41 participants from 4 provinces embarked the Spiritual Journey on 26th November 2021 with much enthusiasm and eagerness to unravel the beauty of God hidden in each of us and to grow in the closeness with the Divine diving deep into our inner selves by strengthening our Spirituality. We had before us the clear objectives of the course to be achieved by the end of 5 days and the set objectives were to -

- Re-discover, appreciate and grow in the richness of JMJ Spirituality
- Help every sister of JMJ to march forward on one's spiritual journey, growing ever in the Spirit of Jesus Mary Joseph
- Foster genuine integration of interior and exterior spirituality imparted by Fr. Mathias Wolff to our first sisters at Amersfoort/ Engelen.
- Prepare potential Spiritual animators / formators to pass on this rich heritage of the Congregation at every stage of formation.



The intensive spiritual journey began by imploring the Spirit of God to set us ablaze with the Spirit of Jesus to move in the direction of God experiencing the compassionate love of Christ and merciful bosom of God, the Father. At the very start of the course, the enthusing word of Rev. Sr. Innamma Yeruva the superior general of the CJMJ put us on perfect platform to dive deep into ourselves. Stressing on the importance of the course, sister said that the

Spirituality is as vast as the universe and as deep as the ocean thus inviting us to search for meaning deep within and to have interconnectedness with the self, Divine and the entire cosmos. The core of Ignatian Spirituality which our beloved founder Fr. Mathias Wolff bequeathed to us is 'finding God in all things and all things in God'. Elaborating the essential values of life for JMJ sister, Sr. Innamma concluded her key note address by giving us an apt thought to assimilate- "to fall in love with God is the *greatest romance*, to seek Him is the *greatest adventure*, to find Him is the *greatest human achievement*".

The whole course was planned so systematically and kept us on foot in our spiritual journey replenishing the spiritual exercises which are part and parcel of our life. There was recapturing of

the practice of theological reflection and contemplative dialogue. Theological reflection was a process in which an individual or a small group reflected on one's own personal and collective experience in the light of the Spirit that is reflected on the situation or an issue in the light of the Gospel, Church's teaching and our prayer. The contemplative dialogue was about listening to your own thinking in the silence and to other's thinking when they spoke. With this solid foundation of theological reflection and contemplative dialogue, we were introduced into the prologue of



spirituality, forms, schools and aspects of spirituality ultimately helping us to understand the spirituality of the active religious narrowing down to JMJ spirituality which calls us for being and becoming Divine and Human.

On the day one we were made to experience the power of the Examen, a spiritual exercise that transformed oneself inside out by helping us exercise with reflection to know and understand whether we are moving towards God or away from God. It was also a time to relish the life of our founder, recalling his time, his person, his spirit and charism basically the life tree of Fr. Wolff with its roots, trunk and the branches at the same time realizing the message and values he left for us his 'she wolves' to follow. Reminiscing back to pages of history of Society of JMJ in its past glory, various events, initial growth and steady progress made us to have owe experience and helped us to wonder at the steadfastness of our founder and the pioneer sisters in spite of all ups and downs and their unshakable trust in the father was commendable. Methodologies like personal study, theological reflection and contemplative dialogue helped us to assimilate the admonitions and teachings of founder. Spirit of the institute for Christian Education depicted in the portrait on the Pedagogie Chretienne – the roles and meaning of each object was beautifully enacted by the groups creating a lasting impact on us.

Reflections shared on our life with God from constitutions, JMJ vision and Mission, symbolism of ring and cross that we wear were a kind of reminders on how deeply spiritual persons we can be. Various methods of prayer like Lectio Divina, shared meditation, imaginative meditation, Biblio drama were used to enable us to understand how wonderful could be the GOD experience and how our prayer can transform us into different persons. It is fitting to quote our Founder here, "... Many people who barely live a Christian life would have become great saints if only they had not resisted what God had in mind for them" (PM-7). We were also helped to be accountable by maintaining the log of our spiritual journey to understand and evaluate one's own spiritual journey.



We thank God who journeyed with us during our life time and especially during the course of Spirituality and filled us with His Spirit. We thank the Organizers and resource persons, Sr. Vijaya Udumala, Sr. Chandra Thainese, the general councilors who took keen interest to make us spiritually vibrant persons by their lively sessions, sharing of personal experiences, systematic planning and conduct of spirituality course. We also place on record the lively presence

and active role of the two pillars of JMJ Spirituality Centre, Sirumalai, Srs. Maria Shyamala and Prameela for adding more colour to the days with their facilitation and assistance throughout the course. We whole heartedly thank our Superior General and Council, Provincials and their Council for the trouble taken to arrange the course on JMJ Spirituality. We promise to realize the objectives and constantly strive to —

Grow like a tender plant....

Flow like the living Stream....

Glow the Spirit of Jesus....

- Sr. Elizabeth Rani Koligila

Ignatian Spirituality at Gregorian University, Rome

With immense joy and gratitude, I express my sincere thanks to God Almighty who gave me this golden opportunity through my general council and provincial council of Bangalore province. My heart is overwhelmed with joy to have such a God experience through Ignatian spirituality. This is a course conducted every alternative year in English. I was privileged to get this chance to make it a reality in my life. The course began on 12^{th} October, 2020 with online inaugural Mass. I was asked to study 15 courses, which was very much apt for my mission in formation of the formees. The duration of the course was 9 months starting from 12^{th} October $2020 - 26^{th}$ June 2021.



The topics covered were - Ignatian Mysticism, Ignatian sources, leadership and the Ignatian spirituality in the letters of St. Ignatius, Discernment of spirits in the life of St Ignatius, Ignatius of Loyola- His youth and Conversion, Ignatius of Loyola: Person, Mystique, spirituality, spiritual seeing I, Apostolic spirituality of the Constitutions, Ignatius and Women, spiritual exercises: structure and underlying theology, History of the society of Jesus, Discernment: the key to finding the Will of God, The psychology of the spiritual exercises, The Ignatian spirituality, Spiritual seeing II and thesis with theme- 'The Prophetic Charism and Spirituality of the Founder on the Society of Jesus Mary Joseph.'

These above courses helped me to re-discover myself and to understand the life and conversion of St. Ignatius of Loyola. The way I understand Ignatian spirituality by its nature, is spirituality for everyday life. It insists that God is present in our world and active in our lives. It is a pathway to deeper prayer, good decisions guided by keen discernment and an active life of service to others. The Ignatian spirituality helped me to be open to whatever God is calling me to do in my life. It begins with an effort to cultivate an internal orientation which is fundamentally open to the world and its possibilities. I understood that Ignatius of Loyola's spiritual development from his conversion to the writing of the Spiritual Exercises and his discernment demonstrates, how Ignatius' approach to a disciplined spiritual life has helped me



fruitfully to balance the needs of my personal development with the demands of my ministry. The conversion of St Ignatius however, set a new course for his life. It turned his life upside down and forced him into self-examination. Out of this spiritual awakening, Ignatius had a burning desire for holiness and a zeal to do great things for God, which ultimately led him to a lengthy process of self-surrender. This enlightened me to have a transformed look into my life and to make certain non-negotiable decisions in my life. Specially to understand, what is Christian maturity, a

deep sense of understanding myself and others as they are, matured relationship and friendships and a balanced way of religious living. When I look into his life, it created in me to have greater intimacy with God. I tried to renew my relationship with God; I am able to refocus on my spiritual life. His life also helped me to put God at the centre of my life. I could look at the world not with fear, but with hope and the desire to set it on fire with the love of Christ. It was a great eye opener for me to learn the new methods of meditation and I really found the taste for daily examination of consciousness, which I try my best to practice daily and insist formees to do the same. The course on spiritual seeing was very much inspiring me to have a creative gaze on the artistic creation on all the spiritual paintings, and statues which created in me to have the divine encounter with the Lord, our mother Mary and all the saints. It helped me to rediscover the Divine space where I can enter in and encounter the Lord in my life.

Other Exposure Programmes: It was indeed a great joy and a golden opportunity for me to visit some of the countries like Netherlands, and Spain. It was an enriching experience to visit and meet all the JMJ sisters and the places where our founder lived and worked. Their hospitable love, care and concern was

admirable. I was very much touched, edified and moved by their very life style. The in-depth sharing of Sr. Leatitia the provincial was soul consoling for me. In her talk, she mentioned one statement which I liked most, "Community is very important and religious life is lived in community always and Fr. Wolff felt we can do it together". It was indeed the plan of God through our dear Sr. Innamma and council that I got this chance and I whole heartedly thank Sr. Valsa who accompanied us and made it a reality. Pilgrimage visits to various holy places with the community



was a joyful experience like St. Francis of Assisi and St. Clare, St. Padre Pio and some churches which we visited was an enriching spiritual experience for me. I believe that I have received abundant graces to renew my religious life. Meeting the Holy Father Pope Francis in an audience was a dream and through the providence of God, I got this golden opportunity to receive blessings from Pope.

Visit to Spain was another adventurous spiritual trip for me. Even though there were some obstacles we could overcome and with the help of our sisters and others we could visit some places like Barcelona, Manresa, St. Sebastian, Loyola and Our Lady Shrine at Monserrat where Ignatius had his God experience and it enriched my faith in God. Manresa is a place where Ignatius wrote his spiritual exercises. It was a great privilege for me to spend a day in Manresa to experience the spiritual journey of St. Ignatius.

The most beautiful concluding part of the Ignatian spirituality was the eight days Ignatian retreat which was given by our professor Rev Fr. Pavul Raj Michael. These eight days of my spiritual journey was again a spiritual boast for my religious life. The talks and meditations were really helping me go deeper into oneself and now I realized that the essence of spiritual growth is in daily meditation and daily examination of consciousness which I like to continue and teach the young members of our Congregation.

Finally, my community life in Rome was a rich experience. I really felt the homely atmosphere, the love and care I experienced from each member was marvellous. It was also a joyous moment that the authorities gave me a chance to spend few months with my twin Sister. It's really an unforgettable reality in my life and I am thankful for this golden opportunity.

Once again, I would like to express my sincere gratitude to Sr. Innamma and council, Sr. Anthony Mary and council who gave me this opportunity to renew my life during this pandemic which I never expected that it would happen but everything was a blessing and I thank all those who helped me to make this rich experience a reality. To conclude, I can strongly say that I am trying to find God in all things as St. Ignatius did in his life.

Sr. Clara Asha Chacko JMJ

A new enriching ministry in Kalaburagi

It is fortunate for me to be in the underserved area in Mother Theresa Charitable Hospital Trust (MTCHT) situated at Uploan village, Kalaburagi.

I arrived on 10th October 2021 to Kalaburagi. I felt very welcomed and excited to be here. The Hospital Trust works in association with the Sisters of Charity of Mangalore Province, who in turn collaborate with Most. Rev. Robert Michael Miranda, the Bishop of Gulbarga diocese.



I had many opportunities to witness a good number of medical camps catering to almost 75 villages far and wide in Gulbarga. The underprivileged benefit from NCD (Non-Communicable Disease) testing free camp, where baseline hemoglobin, blood sugar and ECG are done. BMI and BP are also checked.

About 15 patients are selected subsequent to a free cataract screening camp who are further evaluated and availed free cataract surgery. Medicines and spectacles are provided post-surgery. About 600 disabled children and youth from 75 villages throughout Gulbarga are catered with Physiotherapy facilities, regular muscle strengthening exercises, education material support, continuous medication provision, livelihood and social security backing. Many children have recovered from minor deformities and contractures. Artificial limbs and physical support appliances are provided to selected disabled patients.

57 pregnant women attended OBG camp after sensitizing the ASHA workers. Awareness was created about the availability of Antenatal checkups, Ultrasound facilities, Normal delivery and Caesarean section provisions in MTCHT. Cervical cancer screening programme was conducted and pap smear services were initiated. Medical camp in Central Prison, Gulbarga was an unique experience for me. The inmates were given privilege to have free medical checkup, dental screening and female convicts were screened for Cervical cancer.

As most of my training had been in St. John's Medical College, this was altogether a new experience for me. It is a privilege for me to deal with every kind of case that came through the door. MTCHT is located near the National highway henceforth many RTA cases come here round the clock. Health apostolate to remotest rural poor and marginalized people coming to MTCHT has become an unforgettable experience of a life time.

People here have a simple gesture of love; they greet everyone "JAI KRIST" whenever they meet. I am enriched by their spiritual and physical energy which is supplied by faith which boosts my religious life and which gives me motivation to face the negativities and odds of life with great enthusiasm and confidence.

Faith is the assurance of things hoped for, the conviction of things unseen. Again, my thoughts would occasionally move to the example of dedicated healing ministry of Dr. Sr. Mary Glowrey. My source of strength is from the Psalms. One such verse which energizes me is Psalm 23:6 "Surely goodness and mercy shall follow me all the days of my life".

Devotion to duty is the highest form of worship says Swami Vivekananda. Dedicated and committed works in the service of the poor and marginalized, the sick and suffering motivated by a genuine love is the most beautiful prayer and offering acceptable to God. Here, through my experience, in Mother Theresa Charitable Hospital, Kalaburagi such prayer is exceedingly fulfilled.

I thank my Provincial Superior Sr. Anthony Mary Dasari JMJ and her council for giving me this delightful Mission exposure and to be enriched by the dynamic experience in Kalaburagi.

- Sr. Dr. Theresa Terence JMJ

Collaboration with Gulbarga Diocese - Holy family Mission at Kamalnagar

To mark the bi-centenary jubilee year of the Society of Jesus Mary Joseph, we, Srs. Arogya Kuri and Sr. Neelavathi Levaku were privileged to be sent on a frontier mission at Kamalnagar, Gulbarga diocese to uplift and empower the downtrodden and to share the Good News of the Lord.

We started our mission on 10th December 2021 with a day of Recollection in JMJ Provincialate,



Bangalore along with the Provincial and Community. At 3.15 pm, Sr. Anthony Mary Dasari the Provincial Superior gave us motivational talk on mission quoting the words of our founder Rev. Fr. Mathias Wolff, "Ready for anything, for one who calls herself a true sister of J.M.J. must, as it were, carry the world in her heart". (Sent by the Lord P.51)

At the end of the talk at 4.15 pm, she blessed us and gave us Rosary as Rosary is the weapon and assured us the protection of our dear Mother in our new mission. On 11th December 2021 at 6 pm, we had Mission sending prayer service conducted by Sr. Luviza Miranda. Sr. Anthony Mary gave us the lighted candle and wished us success for our mission.

12th December 2021: Holy Mass was offered for us at 7.00 am. After the breakfast at 8.40 am, we started our journey for Devara Hipparagi. Srs. Arogya Mary Mallavarapu, Luviza Miranda along with the driver accompanied us. We carried with us primary needful things for our stay in the rented house at Diggi Village, Kamalnagar Tq.

We reached JMJ Nivas, Devara Hipparagi at 4.50 pm. Sr. Rita Mary Bernard the superior, Sr. Shobha Bandala Mission Coordinator and the community welcomed us. We had supper and stayed overnight there. On 13th December 2021, morning at 7.10 am we travelled to Gulbarga and reached 'Kripalaya' Bishop's house at 10.40 am. Bishop Robert Michal Miranda, Fr. Stany Lobo VG, Fr. Fredrik D' Souza Procurator and Bro. Aron Vaz welcomed us to the Gulbarga Mission.



Bishop Robert Michael Miranda showed us the map of the area of our mission and briefly explained about the area at Diggi, the people around and how we have to go about. After the explanation, we went to the Chapel and there Bishop prayed for us, blessed us and wished great success for our new mission. We were given a hard copy of GPS Map to reach Kamalnagar.

At 11.30 am, we started from Bishop's house reached Mother Theresa Hospital to visit Doctor Sr.Tresa Terence. We met Fr. Vincent Pereira the administrator of the Hospital. At 11.50 am, we started traveling to Kamalnagar and at 1.50 pm we reached Kamalnagar taluk. Fr. David came to take us to his house which is in Kamalnagar. He welcomed us and we had lunch there. At 4.10 pm, Fr. David took us to Diggi where we were to reside.



We stayed 13th December 2021 night at Fr. David's residence. On 14th December 2021 at 7.40 am, we came to our rented house at Diggi to clean and keep ready for the blessing on the following day. On 15th December at 8.00 am, Fr. David along with the help of parishioners put up a marquee and arranged chairs for the inauguration ceremony.

At 9.30 am, the villagers gathered for the blessings and inauguration of our house. There were about 50 people for the inauguration followed by lunch. At 11.00 am, Bishop Robert Michael Miranda, Sr. Anthony Mary Dasari our Provincial Superior, Sr. Rosy KC arrived at JMJ Nivas, Diggi our rented house for the inauguration ceremony. Fr. David Sr. Arogya Mary Mallavarapu, Sr. Luviza Miranda, and we along with the people stood in procession and welcomed Bishop Robert Michael Miranda, Sr. Anthony Mary Dasari our Provincial Superior, Sr. Rosy KC and Doctor Sr. Tresa Terence with a garland.

Blessing and Inauguration of JMJ Nivas Convent, Diggi was by Bishop Robert Michael Miranda. We welcomed and introduced JMJ Sisters to the people of Kamal Nagar, Diggi and said a few lines about the mission in Diggi that we are not only for Christians but also for all those who are in need of our help. Sr. Anthony Mary Dasari thanked Bishop Robert Michael Miranda for welcoming us to this Holy family mission at Kamalnagar and the people for welcoming us to the village. Sr. Anthony Mary Dasari thanked Fr. David for all the help, support and felicitated him with a garland and shawl.



Vote of thanks for the gathering was delivered by Sr. Neelavathi. Bishop also thanked Sr. Anthony Mary Dasari Provincial Superior for sending Sr. Arogya Mary Kuri and Sr. Neelavathi for Kamal Nagar mission.

We had Holy Mass at 12.30 pm in our new house JMJ Nivas Convent, Diggi by Bishop Robert

Michael Miranda, Fr. David, Fr. Anil, Fr. Rock, Fr. John Paul and a few other congregation sisters along with the JMJ Sisters.

After the Mass, Bishop invited us to stand infront of the Altar and asked everyone to stretch out their

hands on us, prayed and blessed us. We cut the cake along with Sr. Anthony Mary Dasari and Bishop Robert Michael Miranda followed by lunch.

At 3.40 pm, Bishop Robert Michael Miranda left the place. Sr. Anthony Mary Dasari, Fr. David along with all other fathers, sisters and other laity went to see our land. At 4.10 pm, Sr. Anthony Mary Dasari and other JMJ Sisters left for Devara Hipparagi.



Srs. Arogya Mary Kuri & Neelavathi Levaku



A Tribute to our Deceased Sisters

Sr. Anandamma Ponnapati

"Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever". Psalm 23:6

Sr. Anandamma Ponnapati hails from P. Yaleru, Anantapur Dt., Andhra Pradesh born on 2nd March 1973 to the God fearing parents Mr. Showri Reddy (late) and Mrs. Bhagyamma. She was the 3rd child in the family and has 2 elder sisters and 2 younger brothers. She was brought up in good faith formation, family prayers



and rosary were must in her house. Her primary education was in Yaleru. Later she studied in St. Xavier's High School, Ongole. Seeing the life of JMJ Sisters, specially Sr. Martina Devarapalli she was inspired and guided by her priest uncle to join the Congregation of JMJ.

SUFFERING BEAUTY is the most beautiful and appropriate crown of title that could be given to our dear Sr. Anandamma. True to her name she is the Mother of Joy irrespective of her intense and agonizing pain and discomfort. Sr. Anand was diagnosed with renal failure in 1998, but it never kept her back from her Mission. During and after her periodic illness and constant physical soreness and struggle if she is left with a little energy, she attends her office of Mission with Charming enthusiasm. She is filled with Heroic Endurance and Patience, embodiment of Humility, Prayerfulness, Unshakable Trust in God, Generosity and Commitment. She takes maximum effort to be the part of the Mission entrusted to her as a formator and was helping in St. Philomena's Hospital office taking care of system software of the institution. Her spirit of Contentment and Composed gesture amidst the many needs of her ailing body is heartening and encouraging to be serene and self - controlled amidst suffering. Her Gentleness, Acceptance, Authenticity and Courage are incentive and a driving force for all of us to foster optimistic attitude even in the face of challenges and setbacks.

Sr. Anand, was like the fragrant Rose among thorns, spreading the sweet scent of service and Charity. She was a precious pearl of the congregation carrying the charism of our founder, ever adaptable to any situation and apostolate, ever available to any kind of work and ready to do as long as her lamp was burning.

Sr. Anandamma Ponnapati was admitted in St. Philomena's hospital on 4th May 2021 with fever and kidney failure. As she suffered much, the Lord has relieved her from all the pains and called her to Himself on 14th May 2021 at 01.10 pm at St. Philomena's Hospital, Bangalore.



May her noble soul rest in peace!

Sr. Magdalene Meleth

'I want to find a quiet place, to sit with God, to talk about the happy times and hope that makes Him smile.'

Sr. Magdalene hails from AmmadamTrichur Dt., Kerala - a devout Meleth family to the pious parents Mr. Varied and Mrs. Cherchi. Among the 10 children born to the couple, 8 were girls and 2 were boys. She was the youngest child. She grew up in piety in the happy family.



Her outstanding virtues are discipline, respect for elders, prayerful, systematic etc. She believed that authority comes from God. She lived a systematic, self disciplined and orderly life. She stood firm in her trials and tribulations with an unshakable trust in the Lord. She gave priority to her personal prayer and lived a life pleasing to God. She is an exemplary sister who follow the teachings of Jesus and the values of our Founder Fr. Mathias Wolff. Her prayer life gave her the strength to suffer patiently all her pains for the glory of God. Sr. Magdalene's committed services in all the communities are praise worthy. She rendered her services in Sathenapalli, Guntur, Bangalore and Athani. Her personal care and love for each sister is remarkable. She offered all her sufferings to God for the sins of the world.

She was an inspiring soul, promoting many vocations, true to her commitment and faithful to her religious life. Sr. Magdalene Meleth breathed her last in the presence of our sisters on 28.07.2021 at 5.00 pm at JMJ Nilayam, Bangalore. More than 5 years she is confined to bed and living as suffering servant of God, without any complain.

Dear Sr. Magdalene, we fondly remember your serene and composed personality. Your silent ways and inspiring life is a blessing for us. May the Good Lord who called you into His wonderful light of life give you eternal bliss in Heaven.



May her noble soul rest in peace!

Sr. Gnana Sundari Singareddy

'For me, to live is Christ and to die is gain.'

- Phil. 1:21

Sr. Gnana Sundari Singareddy hails from Kotha Venkatapuram, Warangal Dt. of Telangana born on 1st April 1949 to the pious parents - Mr. Showreddy & Mrs. Thomasamma. Her parents were gifted with 06 children (02 girls and 04 boys). She was the 5th child who grew in the atmosphere of piety, simple lifestyle which paved the way to strong faith. She found the treasure of her vocation by praying intensely to the Lord and Master of the creation as she studied in the boarding witnessing the life examples of the sisters at Fatima Matha Convent.



She joined the Society in the year 1974, the formation shaped her life of faith and guided her to listen to the voice of the Holy-Spirit which made her to become a true sister of JMJ. After completion of her academic studies, she was generous in sharing her knowledge to the students entrusted to her care, teaching them truth and values of life with conviction. She rendered her dedicated services in various communities at different capacities namely Raipur, Sagar, Porumamilla, Nellore, Vetapalem, Kadapa and Bangalore as a Teacher, Boarding Mistress, Superior and in the Pastoral work.

In the year 2019, she was diagnosed with Cancer which she accepted trusting in the Lord with much serenity. Never a word of complain crossed her lips, she was able to withstand her pain, setting an example to surrender everything in the hands of the Lord. The inner beauty of Sr. Gnana Sundari is the result of her inner silence and calmness. She was never anxious about anything, but in every situation, by prayer and thanksgiving, presented her requests to God. Through silence, she discerned the way of her life and did everything for the greater glory & honor of God.

She was admitted in St. Philomena's hospital on 19th October 2021 with swelling of the legs but cancer was spread all over her body. On 24th October, she had gone into hepatic comma. As she suffered much, the Lord has relieved her from all the pains and called her to Himself on 1st November 2021 at 04.30am at St. Philomena's Hospital, Bangalore.

May her noble soul rest in peace!



Sr. Willibrorda Kocherla

'The souls of the righteous are in the hands of God.' – Wis. 3:1

Sr. Willibrorda hails from Mutlur in Guntur Dt., Andhra Pradesh born on 9th September 1935 to the pious parents Mr. Marianna and Mrs. Ignatiamma. She was the 6th child in the family having 4 sisters and 5 brothers. The desire to become a religious was sown by her father, in her earlier days itself. She completed her primary education in her village and joined the



boarding school in St. Joseph's High School, Guntur. There, she was inspired by the very lifestyle of the sisters and was attracted by the concern, kindness and exemplary life of Mother Stanislaus Swamykannu.

She led a simple but serviceable life. Obedience was the most important virtue she treasured in her life. Prayer, hard work, readiness to accept everything, a desire to work for the Lord, etc. was equally important for her. She is known for her simplicity and a sense of humour. Her service was total, whole hearted and self effacing. She was an extremely genuine person, shedding light and hope to the voiceless.

She rendered her dedicated services at Guntur, Hyderabad, Kurnool, Tenali, Repalle, Nellore, Dargamitta, Porumamilla, Sivadi, Siruguppa, Mariammanahalli, Ongole, Vetapalem and Bangalore being a teacher, superior and social worker. She took active participation in Catechetical and Evangelization apostolate. She was a good leader for the women folk as she had unique ability of gathering them, tackling their problems and arriving at satisfactory conclusions. With great dedication and love, she carried out her duties entrusted to her and often went out of her way to be of service to others.

Sr. Willibrorda Kocherla was admitted at St. Philomena's Hospital, Bangalore on 18.12.2021 due to breathlessness and swelling of the body. She breathed her last on 19.12.2021 at 2.45am. As she lived so simple and humble life, in the same way the Lord has taken her away quietly and peacefully.



May her noble soul rest in peace!

Sr. Amala Karnam

"Even though I walk through the valley of shadow of death, I will fear no evil, for you are with me" – Ps. 23:4

Sr. Amala Karnam hails from Katrapadu of Guntur Dt. in Andhra Pradesh born on 25th March 1954 to the God fearing parents Mr. Gova Showraiah Karnam and Mrs. Thomasamma Pothacamuri Karnam. Her parents were gifted to have seven children and she was the 5th child in the family. They were brought up strictly in Catholic atmosphere with a deep faith formation



and tradition of participating in daily Mass and family prayers. She did her primary schooling in the village then moved to St. Joseph's High School, Guntur. Following high school, she joined St. Joseph's Junior College, Nallapadu.

While still in the Intermediate, she was inspired by the simple and holy life of Sister Elzinio. She intended to join the Convent immediately after the completion of her Intermediate, but her parents didn't approve of it and was asked to complete her college studies and after her graduation to reconsider her vocation to join JMJ. She joined the Degree College at JMJ Tenali. Yet, she couldn't compromise her Divine Call. So, she approached Sr. Celine Narisetti and Sr. Francisca for guidance. Thereupon, with their support, inspiration and encouragement she discontinued her college studies and stepped into the threshold of the Convent life. The exemplary lives of Sr. Sophia & Sr. Joanette greatly convinced and strengthened her call to religious life. Sr. Emelda, Sr. Marcella, Sr. Bellarmine and other sisters have encouraged, accompanied and enthused her to go forward in this consecrated life.

A teacher by profession, she rendered her committed services at Koilakuntla, Kurnool, Kadapa, Ongole, Bangalore, Nepal (Bhutanese Refugee Centre), Sirsi as a principal, correspondent, provincial councilor and superior in various communities; presently as the superior of JMJ Nilaya, Sirsi and TPS Directress of Bangalore Province. In her lifetime, she promoted many vocations, taught others how to be disciplined, insisted students to learn the Gospel values and maintain good standards in the schools & colleges. She had a cordial relationship with the staff, students and their families. She treated them as collaborators in her ministry. Her administrative skills, financial discipline, management acumen and Human Resources capabilities are unmatched due to her disciplined training. She worked tirelessly for the glory of God and for the development of the Society of JMJ.

Sr. Amala Karnam went to her eternal abode on 22.12.2021. The call of God came to her like a thief at 01.00am as she breathed her last in a tragic accident while she was travelling from Shiggaon to Sirsi. She will always be remembered for her kindness, sociability, hospitality, prayerfulness, gracefulness, patience, inclusivity, benevolence, simplicity, docility, cheerfulness, the eager thirst to make others happy, availability, the motherly love, her helping, sharing and caring nature.

May her noble soul rest in peace!



In Loving memory

Guntur Province:-	
Sr. Raphael Chittilapilly	21.07.2021
Sr. Josepha Rachamalla	17.10.2021
Sr. Jacintha Kailas	17.10.2021
SI. Jacintha Ixanas	17.11.2021
Hyderabad:-	
Sr. Margaret Thekkekara	07.04.2021
Sr. Vimala Nannipaga	23.06.2021
Sr. Elsy Chakkalakal	23.10.2021
Bangalore:-	
Sr. Anandamma Ponnapati	14.05.2021
Sr. Magdalene Meleth	28.07.2021
Sr. Gnana Sundari Singareddy	01.11.2021
Sr. Willibrorda Kocherla	19.12.2021
Sr. Amala Karnam	22.12.2021
	22.12.2021
Family Members:-	02.04.2021
Father of Sr. Jhansi Sagili (2 nd Year Novice)	03.04.2021
Uncle of Sr. Vinaya Prema	05.04.2021
Brother- in- Law of Srs. Nicholetta and Germaine Gayam	16.04.2021
Brother of Sr. Agnetha Grassoutia Sagnaira	26.04.2021
Uncle of Sr. Agnetha Crescentia Sequeira	27.04.2021
Brother- in- Law of Srs. Nicholetta and Germaine Gayam	28.04.2021
Nephew of Sr. Rakini Mary Anthonappa	29.04.2021
Brother- in- law of Sr. Regina Guvvala	29.04.2021
Cousin Brother of Sr. Thomasamma Thadigiri	02.05.2021
Aunty of Sr. Hrudaya Mary Arogyaswamy Uncle of Sr. Esther Rani	03.05.2021 03.05.2021
Cousin Brother (Priest) of Sr. Hrudaya Mary A. Brother-in-Law of Sr. Amala Karnam	08.05.2021
	08.05.2021
Brother-in-Law of Sr. Pauline	08.05.2021
Sister of Sr. Reena Jacob	09.05.2021
Grand Mother of Sr. Gracy Nadukattion	09.05.2021
Sister-in-law of Sr. Anacleta Boreddy	10.05.2021
Grand Father of Sr. Gracy Nadukattion	10.05.2021
Cousin brother (Priest) of Sr. Dr. Tresa Terence	12.05.2021
Mother of Sr. Sujatha Erragamreddy	13.05.2021
Aunty of Sr. Manjula Madanu	17.05.2021
Nephew (Priest) of Sr. Rosa Kutty	20.05.2021
Brother (Priest) of Srs. Marina Yeruva and Sundari Yeruva	
Uncle of Sr. Stella Abraham	21.05.2021
Cousin of Sr. Mary Francis	21.05.2021
Brother of Sr. Girijabala Erramsetty	27.05.2021
Brother-in-law of Sr. Catherine Pudota	28.05.2021
Aunty of Sr. Felix Delima	29.05.2021
Father of Sr. Felix Delima	28.06.2021



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E	1.07.2021
1	9.08.2021
Aunt of Sr. Ani George 1	5.08.2021
Mother of Sr. Philomena John	7.08.2021
Uncle of Sr. Maria Mitta 2	5.08.2021
Aunt of Sr. Bala Prema Narala 2	9.08.2021
Uncle of Sr. Showrilu Gopu 0	3.09.2021
Uncle of Sr. Luviza Miranda 0	4.09.2021
Uncle of Sr. Annie Raphael 0	4.09.2021
Cousin of Sr. Lilly Mathew 0	8.09.2021
Father of Sr. Rajini Mary Pentareddy 1	7.09.2021
Sister in law of Sr. Beena Kavalakatt 1	8.09.2021
Uncle of Sr. Helen Mary Lourduswamy 1	8.09.2021
Uncle of Sr. Anthony Mary Dasari 2	1.09.2021
Uncle of Sr. Jolly Arimboor 2	4.09.2021
Brother of Sr. Vijaya Rani Polisetti 2	6.09.2021
Sister of Sr. Sicily Chittilappilly	1.10.2021
	02.10.2021
Aunt of Sr. Josepheena Muthupeedika	17.10.2021
Nephew of Sr. Sandhya Pyreddy	23.10.2021
Sister in law of Sr. Theresa Madhavaram	24.11.2021
Grandmother of Sr. Agnes Anitha Xavier	02.12.2021
Sister in law of Sr. Mary Francis Trichurkaran	16.12.2021
· · · · · · · · · · · · · · · · · · ·	22.12.2021
Uncle of Sr. Gigi Ananilayil	2.12.2021

We extend our heartfelt condolence and sympathetic wishes to our dear sisters and their family members.

May the Lord give them comfort and consolation.

Eternal rest grant unto the departed O Lord and let perpetual light shine upon them. May they rest in peace. Amen

Editorial Board

Sr. Luviza Miranda

Sr. Leela Chellakudam

Sr. Jayasheela Koratagiri

Sr. Daisy Kunnathuparambil